

# OLD BRIDGE BLACK BELT ACADEMY CLASS SCHEDULE

	MON	TUES	WEDS	THURS	FRI	SAT
CUBS 4 & 5	6:00	4:00		4:00		9:15 am
WHITE ,ORANGE YELLOW TIGERS 5-7	5:30		4:45	6:45		9:45 am
CAMO-GREEN-PURPLE TIGERS	4:00	4:30		5:15	5:30	9:45 am

## JUNIORS

CLASS	MON	TUES	WEDS	THURS	FRI	SAT
WHITE-ORANGE YELLOW JRS.		5:15	6:00		4:45	10:15 am
CAMO-GREEN-PURPLE JRS.	4:00	4:30		5:15	5:30	10:15am
BLUE - RED/BLACK JRS	4:45	6:45	4:00	6:00		11:00 am
1 <sup>st</sup> & 2 <sup>ND</sup> DEGREE BLACK BELTS JRS.	6:30	6:00	5:15	4:30	4:00	11:45 am

## ADULTS & TEENS (13 & UP)

CLASS	MON	TUES	WEDS	THURS	FRI	SAT
ADULTS WHITE-RED/BLACK	7:15			7:15	7:15	8:30am
ADULTS BLACK BELTS		7:30	7:30		7:15	8:30am
LEADERSHIP			6:45 Juniors	8:00 Adults	6:15 Teens	
CAGE FITNESS	8:15		8:30			

732-696-2262

[www.OldBridgeATA.com](http://www.OldBridgeATA.com)

E-mail: [staff@OldBridgeATA.com](mailto:staff@OldBridgeATA.com)

\*Class schedule is subject to change\*

# JAN. 2012

## GOALS IN HEALTH



FUTURE  
CLOSED DATES

Feb 4<sup>th</sup> New Jersey  
Torunament.

Feb-24 – 25  
Graduation (Test)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28 Leadership Star Test
29	30	31				