



# TOURNAMENT RULES



*Everyone is a Winner...*

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# Songahm Taekwondo

## Tournament Rules and Guidelines

Revised July 2010

The following are the rules and guidelines written for Judges of a sanctioned tournament sponsored by the ATA, STF, or WTTU. Any aspect of competition not covered specifically by these rules and guidelines are prohibited and should not be allowed by any judge until ruled upon by the International Chairman of Tournaments with the guidance of the Grand Master of Songahm Taekwondo, and the Master's Council.

### **TOURNAMENT OFFICIALS AND THEIR DUTIES**

As in every organization, there is a specific and detailed chain of command that must be followed in order to achieve consistent success. Any person having a question concerning an aspect of a tournament should adhere to the chain of command listed below to obtain the answer:

- Speak to the Judge.
- Ask your instructor.
- Have one's instructor speak to the Regional Chief of Tournament in one's area.
- Have one's instructor speak to the Tournament Department at Headquarters.

Tournament officials and their duties are listed below.

#### **International Chairman of Tournaments**

The International Chairman of Tournaments is the overseer of all aspects of tournaments. He/she is part of the ATA International Headquarters staff and is appointed by the Business Council.

The Tournament Department is responsible for maintaining all tournament sanction paperwork, the oversight of tournament judging certification, the preparation for World and National tournaments, the arbitration of disputes, and rule revisions.

The International Chairman of Tournaments at this time is:

Sr. Master Jay Kohl — 8th Degree Black Belt

#### **National Tournament Director**

The National Tournament Director is appointed by the Grand Master of Songahm Taekwondo with the input of the International Chairman of Tournaments based upon their experience with the individual and any recommendations of the organization's seniors. This person is in charge of the general operations of World and National tournaments and supplies a great deal of input on operation procedures and rule revisions.

The National Tournament Director at this time is:

Master Betsy Stevens — 6th Degree Black Belt

Assistant National Directors at this time are:

Master Richard Harman — 7th Degree Black Belt

Master Izel Rivera — 6th Degree Black Belt

## **Regional Chief of Tournaments**

The Regional Chief of Tournaments (RCT) is appointed by the Grand Master in consultation with the International Chairman of Tournaments based upon his experience with the individual plus the recommendation of the Regional Vice-President, the Regional Director, and/or seniors of the region.

The duties of this position vary according to the region in which they are involved. These duties include, but are not limited to:

- approving the tournament sanction documents for his/her region
- verifying that tournament sites are adequate for a regional event
- planning and/or approving the competition schedule for regional tournaments
- organizing and running the regional tournaments including arbitration issues that may arise
- administering judging certification clinics and tests

One should check with one's Instructor or Regional Officers as to the name of the Regional Chief of Tournaments for your region.

## **Assistant Regional Chief of Tournaments**

Many regions have elected to establish the office of Assistant Regional Chief of Tournaments. Two main reasons for this are:

1. the enormous responsibility of running regional tournaments
2. to provide a training ground for future Regional Chiefs of Tournaments

The Assistant Regional Chiefs are appointed by the Grand Master in consultation with the International Chairman of Tournaments based upon his experience with the individual plus the recommendation of the Regional Vice-President, the Regional Director, and/or seniors of the region.

The responsibilities of these assistants are assigned by the Regional Chief of Tournaments. Check with your Instructor or Regional Officers as to the name(s) of the Assistant Regional Chief of Tournaments for your region.

## **Tournament Arbitrators**

The position of tournament arbitrator is a temporary assignment during that tournament only; it is not a permanent position. The International Chairman of Tournaments or the Regional Chief of Tournaments is in charge of supervising the event. Arbitrators are under their guidance. At regional events, tournament arbitrators may be appointed by the Regional Chief of Tournaments. The RCT may elect to perform the duties of the arbitrator. During National or World Tournaments, Regional Chiefs of Tournaments may be assigned as arbitrators by the International Chairman of Tournaments. If tournament arbitrators are needed they must at least be a Level 3 judge.

An arbitrator is responsible for:

- Supervising assigned rings and for enforcement of tournament rules.
- He/she will make on-the-spot corrections and will assist in resolving problems in a diplomatic and respectful manner.
- If necessary, he/she may replace a judge for appropriate cause.

## **Tournament Secretary / ATA Records**

The tournament secretary will be named by the tournament host unless there is a regional appointee. This person(s) must staff the judges' table at all times until all results and all entry cards have been returned from all the rings.

The secretary should have a check-out system to be certain that all results have been returned. If results are missing, tournament officials shall assume that the fault is that of the center judge rather than the secretary. Overall result sheets with award winners' first and last names, ATA number, school owner/instructor, and home town must be kept, and multiple copies made.

Once the tournament is completed, a copy of all result sheets, (Traditional forms/weapons/sparring, ATA-Xtreme forms/weapons, Creative forms/weapons and Combat Weapon sparring) are to be made. All packets (complete with competitor's registration cards), all result sheets (the originals), and a Tournament Recap should be sent in within 7 business days of the event. The host school should keep a copy of the result sheets for at least two years in case of association research needs.

## **DUTIES OF ATA SENIOR INSTRUCTORS AND JUDGES**

*It is the duty of all Black Belts, regardless of rank or position, to earn appropriate Judging Levels and volunteer to judge at any ATA event they are attending.* This rule applies regardless of whether or not the Black Belt is competing.

*All Black Belts should arrive prior to the Judges meeting held at every regional event, attend the meeting, and remain at the tournament until the final "Bow-out" has been completed.* It is the duty of every senior instructor to insure that their junior instructors and black belts know and understand the importance of this rule. Failure to do so MAY result in forfeiture of any points earned at that event.

During competition, judges will:

- Refrain from showing any prejudice regardless of the students' school or region.
- Recognize small differences in form technique by students from different schools and regions as natural and to be expected.
- Base their score on the general form criteria, i.e., how well the student performs his/her form.
- As a courtesy to the competitors, not talk among themselves during or between forms.

*Unless a senior instructor has been appointed as a tournament arbitrator or called upon for safety reasons, he/she should not interfere in the competition.*

- This includes division break-downs, pairings, point calling, etc. It is understandable that an Instructor would want to "protect" their student from what they may consider improprieties. However, that Instructor is not justified in confronting the judges assigned to that division. This type of action embarrasses the judges, competitors, other Instructors, and often times even the spectators causing embarrassment to the ATA as a whole.
- Junior (rank) judges are under a lot of pressure trying to do the best job they can with as few mistakes as possible. The presence of a senior rank at ringside is intimidating and seems to create more pressure for the junior rank judge. Although it is not the intention of seniors to create this type of situation, it does happen. If a Senior Instructor wishes to see his/her students compete, he/she should sit in the appropriate spectator area of that ring and refrain from influencing the outcome of a division.

*If anyone (Senior, Parent, Competitor, Spectator, or Judge) feels there is a problem in a ring, that person should notify the Tournament Director or Regional Chief of Tournaments with the concern.* The Tournament Director or Regional Chief of Tournaments will decide if any changes should occur.

### **Black Belt Meetings and Attendance**

The RCT or his/her assistant is to coordinate a Black Belt judges meeting prior to every regional tournament. The purpose of such meeting is to:

- Address judging concerns and/or any rule clarifications
- Make special announcements concerning the tournament
- Make judging assignments
- Begin the process of black belt competition assignments

A new policy for Black Belt judges/competitors who arrive late and/or leave early to/from the tournament is effective beginning at World Championships 2010. It is important to state that the following policy does not apply to Junior Black Belts or to Adult Black Belt who are not competing. Juniors are not in complete control of their arrival and departure times and adult black belts who are not competing have only come to volunteer their time as a judge. It is also important to note that the previous statement does not mean that it is acceptable behavior for a black belt to come and be a spectator. If a black belt adult is present at the tournament, he/she should be in their white dobok, or their certified instructors “Blues”. The new policy is as follows:

- For the first infraction the RCT will speak to the student involved, discuss the proper expectations of an adult black belt, and notify the student’s instructor.
- Any further occurrences will result in a letter being written to the student with copies to that student’s senior instructor and the tournament department at National Headquarters advising them of the repercussions for future occurrences of the behavior. The possible consequences include, but are not limited to the following:
  - Those who arrive late will not be allowed to compete
  - Those who leave early will forfeit any top ten points earned toward state or world champion top ten during the day’s competition.
  - It is understood that special circumstances can exist. For those special circumstances, it is asked that the previous protocol of asking for permission to arrive late or leave early be sought from all of the following: The instructor of the black belt involved; the senior at the event; and the Regional Chief of Tournaments.

## **JUDGING LEVELS and CERTIFICATIONS**

The ATA takes great pride in the training of Black Belts to be judges at Regional, National, and World tournaments. Black Belts are trained over a period of time to be qualified as a Level 1 Corner Judge, a Level 2 Center Judge, or a Level 3 Chief Judge.

**Each competition ring (except for Tiny Tiger rings) will have 3 qualified Black Belts to judge the competitors.**

The following minimum age requirements for the different judging levels start as of June 26, 2010 and apply for those newly certifying as a judge. Those who already have a judging level may keep it, but cannot advance in levels unless they meet the minimum age requirements.

## **Level 1 Judge**

The following rules and guidelines apply to a Level 1 Judge:

- Must be at least 14 years of age, and a 1<sup>st</sup> Degree Black Belt Decided or higher
- May corner judge color belt competitions
- Judges aged 16 or younger may not judge any division that contains competitors older than their age.
- Must know all the following material:
  - All color belt forms
  - One-steps for white, orange and yellow belt ranks
  - Be familiar with the following weapons for free-style weapons competition
    - Single Bahng Mahng Ee, Single Ssahng Jeol Bong, Double Bahng Mahng Ee, Double Ssahng Jeol Bong, Jahng Bong, Ssahng Nat, Gum Do, and Oh Sung Do
- It is highly recommended that any person who desires to certify as a Level 1 Judge have prior tournament experience as a time and score keeper.

To qualify for a Level 1 judging certification, the student must receive training in ATA tournament rules and procedures and pass the Level 1 written test with a score of at least 80%.

A Level 1 Judge will receive a 1-inch wide blue chevron to be put on the right sleeve of the uniform jacket. The chevron should be centered (on a diagonal) on the crease in the middle of the top of the sleeve; left edge (as you look at the uniform) 2 inches from the bottom of the sleeve, right edge 4 inches from the sleeve bottom.

This certification is valid for 1 year and the cost of and chevron is \$7.00 (subject to change).

## **Level 2 Judge**

The following rules and guidelines apply to a Level 2 Judge:

- Must be at least 16 years of age, and a 1<sup>st</sup> Degree Black Belt Decided or higher.
- May corner judge or center judge for color belt rings.
- May corner judge for Black Belt rings up to his/her current rank.
- The following caveats apply:
  - Judges who are younger than 18 may not center any ring with the exception of Tiny Tiger Rings.
  - Judges age 16 or younger may not judge any division that contains competitors older than their age.
- Must know all the Songahm color belt forms, one-steps for all color belt ranks, and the black belt forms up to and including his/her current rank.
- Must be familiar with the following weapons to be able to effectively judge free-style weapons competition for the color belts:
  - Single Bahng Mahng Ee, Single Ssahng Jeol Bong, Double Bahng Mahng Ee, Double Ssahng Jeol Bong, Jahng Bong, Ssahng Nat, Gum Do, and Oh Sung Do.
- Must be knowledgeable in the weapons included in the association's black belt curriculum for the ranks they are judging.
- It is highly recommended that any person who desires to certify as a Level 2 Judge have prior tournament experience as a Level 1 Judge

To qualify for a Level 2 judging certification, the student must receive training in ATA tournament rules and procedures, take the Level 2 judging certification test, and the student must score at least 80% on the test.

This judge will receive a 1-inch wide red chevron to be placed on the right sleeve of the uniform jacket. This chevron should be placed 1/4 inch above the blue chevron.

This certification is valid for 1 year and the cost of and chevron is \$5.00 (subject to change).

### **Level 3 Judge**

The following rules and guidelines apply to a Level 3 Judge:

- Must be at least 18 years of age and a 2nd Degree Black Belt Decided or higher.
- May corner judge or center judge for color belt rings.
- May corner judge Black Belt rings up to his/her current rank.
- May center judge Black Belt rings up to one rank lower than his/her current rank.
- The judges must know all the Songahm color belt forms and one-step sparring for all color belt ranks and the black belt forms up to and including their current rank.
- Must be familiar with the following weapons to be able to effectively judge free-style weapons competition for the color belts:
  - Single Bahng Mahng Ee, Single Ssahng Jeol Bong, Double Bahng Mahng Ee, Double Ssahng Jeol Bong, Jahng Bong, Ssahng Nat, Gum Do, and Oh Sung Do
- Must be knowledgeable in the weapons included in the association's black belt curriculum for the ranks they are judging.
- The Association highly recommends that any person who desires to certify as a Level 3 Judge have prior tournament experience as a Level 2 Judge.

To qualify for a Level 3 judging certification, the student must attend a rules clinic instructed by the Regional Chief of Tournaments (or his/her assistants), take the Level 3 test, and the student must score at least 80% on the Level 3 test.

This judge will receive a 1-inch wide black chevron to be placed on the right sleeve of the uniform jacket. This chevron should be placed 1/4 inch above the red chevron. The cost of this certification and chevron is \$3.00 (subject to change).

Chevrons for extra uniforms can be purchased for \$2.50 each. (subject to change)

### **Judging Certifications**

**All certifications are valid for one year** and can be renewed by attending one clinic and passing the written test(s) required level for the level they are recertifying for. This requirement is mandatory for all ranks 1st through 9th Degree Black Belt. Everyone must be physically present to be certified. There will be no "write offs." Attending Black Belt meetings the morning of a tournament will not be accepted for judging certification. *No Black Belt or Senior should ask or imply that a Regional Chief of Tournaments should certify or recertify a judge for any level without that person actually attending a seminar and taking the test regardless of rank or experience.*

**Judges must participate in a rules clinic and pass a written test for each judging certification level.**

These clinics may be "in club" "in school", regionally hosted, or nationally hosted as follows:

- "In club" clinics are only available for Level 1 judging certification
- "In school," clinics are available for Level 1 and Level 2 certification
- Level 3 certification must be done at a regional or national clinic

The opportunity to hold these clinics “in club” or “in school” is contingent upon:

- Permission of the Regional Chief of Tournaments or other decision making body of the region appointed by ATA International Headquarters.
- Club and/or School Owner hosting the clinic hold a current Level 3 Judging Level

**NOTE:** Any Black Belt student, Trainee Instructor, Certified Trainer, Specialty Certified or Certified Instructor who attends tournament judging certification clinics and passes the written test(s) is required to wear the appropriate chevron(s) on his/her ATA uniform. These chevrons should be ordered through the student’s Instructor with the appropriate fees included.

### **Responsibilities of the Judges**

All judges have equal authority to call points or penalties. A center judge cannot overrule a call by a corner judge, except through his own vote on a point or warning, which has no more weight than each of the other two judges’ votes. No judge is allowed to alter, add, or modify any ATA rules. The definitions of a point, penalty or disqualification are explained in the *Free-Sparring / One-Step Rules*.

Center Judges are responsible for:

- All competitors in his/her assigned ring.
- Insuring that each competitor abides by the official tournament rules.
- Conducting each aspect of competition (*Forms/Sparring/One-Steps/Weapons/ATA-Xtreme competitions/ATA-Creative competitions*) in the proper order of competition.
- Awarding the proper winners in each division his/her tournament award (*trophy or medal*).
- Completing the required paperwork for each completed division, and returning that signed paperwork to the Regional Chief of Tournaments or their assigns (i.e. Regional Secretary).
- Informing any competitor who did not have their ATA number on their paperwork that they have 5 business days in order for their instructor to get that information to the tournament department at headquarters. Failure of the instructor to follow through with this will result in forfeiture of points the competitor earned in that event.
- Insuring the safety of all participants to the best of their ability.
- In sparring, he/she may:
  - award points
  - warn a competitor when there has been a rule infraction
  - award penalty points for the rule violations
- He/she also has the power to disqualify a competitor when there has been an infraction that would deem that action necessary. If disqualification is deemed necessary, it must have the appropriate verification from the assigned corner judges.
- Ensuring that all judges remain in their assigned ring until relieved by another authorized judge or dismissed by the appropriate tournament official(s).

All judges are responsible for areas surrounding their ring. In the interest of safety, the judges should make sure that spectators allow ample room around each ring for competition to progress unimpeded. Judges should have competitors seated around the ring so spectators can have a better view. Judgment as to what determines ample room is based on the type of competition taking place. With the addition of weapons competition taking place in the same ring as the form and one/steps or free-sparring, the judges need to take the space needed by each weapon in consideration when directing the spectators.

**Example #1:** For rings in which Tiny Tigers are performing, parents (guardians, etc.) can be close by to take care of their children.

**Example #2:** For rings in which 4th Degree Black Belt men are competing, spectators should be aware that sparring competition can carry outside of the ring, so adequate room is necessary.

### **Judging Ethics**

At any ATA tournament, demonstrations of prejudice, lack of attentiveness in the ring, etc., shall be cause for warnings and/or reprimands from higher officials and the International Chairman of Tournaments. Any such warnings shall become part of the judge's permanent record. Three warnings within one year's time shall bring mandatory suspension from all official activities, including judging, participating in tournaments or testing for a period of two years. The names of suspended officials may be published in the ATA official magazine, "*The Way of Traditional Taekwondo*".

**\*\*\*Special Note 1\*\*\*** Use of cell phones, blue tooth devices etc. used for the purpose of communication such as sending and receiving text messages, receiving calls, etc. is strictly prohibited for judges as well as scorekeepers and timekeepers during the running of their ring. Failure to follow this rule will subject the offender to immediate disciplinary action. A judge's focus should be completely on the competitors in their ring. This note should also be followed by those Seniors sitting at the Head Table during opening ceremonies.

### **Additional Rulings**

Judges who find difficulty in resolving a given problem should ask the Regional Chief of Tournaments or his/her assigns for rulings.

### **Complaints**

Decisions of responsible officials shall be final. Instructor or student complaints or appeals during the tournament shall not be allowed. Any complaints should be made after the tournament through the chain of command, if possible, to the attention of the Regional Chief of Tournaments, the National Tournament Director, or the International Chairman of Tournaments. Shows of public discord by any ranks or non-ATA members are open to official censor.

## **APPEARANCE AND DRESS**

### **Arrival to or Departing an ATA Tournament**

Prior to and after competition, color belts may wear normal "street" clothes, bearing in mind appropriate styles for the occasion. Black belts are held to a higher standard due to their position in the organization and in the eyes of the color belt students. Black Belts in attendance (whether competing or not) should either wear "dress" clothes, a white traditional dobok or certified instructor suit. Females can wear "dress" slacks, or skirts and tops, or dresses. Males should wear "dress" slacks and shirts (or sweaters) with a tie, sport coats or suits. It is understood that younger junior black belts have "trouble" keeping nice clothes clean and they will be given special consideration. Teenagers and above should be able to care for themselves and are expected to comply with the dress requirements.

Certified Instructors **MUST** wear either their Instructor "dress suit" or their white traditional dobok. This dress code is in effect from the first appearance at the tournament site until away from the tournament site. A proper ATA white uniform is appropriate at all times.

## Appearance during Competition

The follow is a guide for proper appearance while competing at an ATA Tournament:

- During competition, competitors shall wear clean, pressed ATA white uniforms. An ATA patch is required on each uniform for competitors excluding white belts. All other lettering, striping, and patches must be in good repair and positioned according to ATA guidelines. (See “Traditional Dobok”)
- ***NO JEWELRY is allowed once one puts on their uniform or during competition.***  
This includes watches, rings, earrings, or other piercing (male or female), necklaces, etc.  
\*\*\*Wedding rings may be worn if taped or the stone turned toward the palm as well as medical bracelets and mandated religious medals. This is for the safety of the wearer as well as other competitors.
- Finger nails and toe nails should be trimmed for safety as well.
- For those wanting to wear shoes while in ATA white uniforms and not competing, white sport shoes are required.

## UNIFORMS AND SAFETY EQUIPMENT

### Traditional Dobok

The Traditional Dobok **IS REQUIRED** to be worn by all competitors during traditional forms, sparring and weapons competition and by all judges fulfilling any traditional forms, sparring or weapons tournament judging assignments at ATA sanctioned tournaments. It **MAY** also be worn by competitors involved in ATA-Xtreme Forms, ATA-Xtreme Weapons, Creative Forms, Creative Weapons, Team Synchronized Form competition or in Team Demo competition (as long as all members of the team are wearing the same uniform).

An Official uniform **MUST**:

- be a white cross-over style top with matching white pants
- be in good repair (no holes or frayed edges)
- have an Official ATA patch

An Official uniform **MAY** include the following:

- School patch
- Karate Kid or Tiny Tiger Victory patch  
School patch **IS** permitted on top of Victory patch if it is round and the same size
- Official ATA Program patches  
Black Belt Club, Master Club, and Leadership Club
- State or World Champion patches if applicable (only to be applied by World Martial Arts)  
No alterations of “years” or “patches” is allowed
- Undershirts **ARE** permitted for any member (male or female) but **MUST** be plain white  
This is **NOT** a requirement for females, although a plain white garment is encouraged

Other patches allowed are:

S.W.A.T., D.E.L.T.A., A-Team, President’s Council on Physical Fitness  
Demo Team, Competition Team

\*\*\*It is the school owner’s decision as to the amount of patches allowed on a uniform for his/her school.

## **Leadership Collar Stripes**

The following collars may be worn by any student in the leadership program.

**\*\*\*These collars may only be worn when the student has received a letter from ATA International Headquarters stating that they have been accepted into the Leadership Program.\*\*\***

- Red/White/Blue Collar for Jr. Students all belt ranks
- Red Collar for all Adult Students, all belt ranks
- Blue stars (round patches) used to measure accomplishments set within school or club can be used with or without collar stripe

## **Instructor Collar Stripes**

The following collar stripes may be worn by instructors who have attained a Certification Level from the Instruction Department of the ATA International Headquarters:

**\*\*\*These collars may only be worn when the student has received a letter from ATA International Headquarters stating that they have been accepted into the Leadership Program.\*\*\***

- Black/Red (All students all belt ranks.)
- Black/Red/Black (All students, all belt ranks)
- Solid Black (Black Belts only)

## **Rank Appropriate Belts**

For color belts, **ONLY** the following colors and these markings are permitted:

- White, orange, yellow, camo, green, purple, blue, brown, red, red/black, black
- “Knowledge Stripes” (color belts only) **MUST** be black and are limited to a maximum of 3 stripes
- Color belts **MAY** include either a black or gold stripe the length of the belt
- 1R Black Belts **MAY** wear full black belts that do not have embroidery
- **NO** other belt colors, combinations, or stripe colors are allowed

For black belts, the follow rules for marking apply:

- Any and all embroidery **MUST** be gold
- If a rank indicator is used, it **MUST** be the bar or star patch from World Martial Arts
- Student’s name and rank **MUST** both be on the same end of the belt (left end when worn)
- Black Belts **MUST NOT** have “Knowledge Stripes”

## **Additional Guidelines**

- If the Dobok is lettered, that lettering on the back of uniform top must be in compliance with ATA standards
- All State & World Champion uniforms must be done by World Martial Arts to insure validity
- If 4<sup>th</sup> Degree or higher, a 1” black stripe on each pant leg

An Official Uniform **CANNOT** have the following:

- A pull-over V-neck top
- Manufacturer tags (all tags must be removed from uniform top, uniform bottom and belt)
- Stripes, patches, pockets, or anything else not listed above

## Shoes

For those wanting to wear shoes while in ATA white uniforms and not competing, white sport shoes are required. Other color sport shoes, flip flops, “Crocs”, or sandals are not acceptable.

## ATA-Xtreme Uniform:

The Xtreme uniform **MAY** be worn by **ALL** competitors during the ATA-Xtreme Forms and ATA-Xtreme Weapons competition at ATA sanctioned tournament. A traditional white dobok is also acceptable.

The Xtreme Uniform **MUST** be one of the following:

- The official ATA Creative / Xtreme Black Uniform – Must be with the Xtreme logo on the back and Songahm Taekwondo in Korean Calligraphy on the leg of the pants.
- “ATA-Xtreme” Uniform (top and pants)
- “XR1” uniform (top and pants)
- “XR2” Uniform (top and pants)

See your instructor for ordering the proper Uniform

The following rules and guidelines apply to Xtreme uniforms:

- The above uniforms may only be worn in the ATA-Xtreme events. They may not be worn in any traditional forms, weapons, or sparring events. This applies to all tournaments regardless of whether or not the competitions are held on the same day.
- It **MAY** be worn by any judges fulfilling any ATA-Xtreme form or ATA-Xtreme weapon judging assignments.
- It **MAY** be worn by competitors involved in a Team synchronized Form or Team Demo competition as long as all members of the team are wearing the same uniform.
- Color Belts **MUST** wear their traditional rank belt with their ATA-Xtreme uniform.
- Black Belts **MAY** wear either their traditional rank belt or the belt that comes with the uniform.
- Tang Bagee (“hakama”) black pants **MAY ONLY** be worn when competing with the Gum Do weapon.
- Undershirts **MAY** be worn by any competitor. If worn, the undershirt:
  - **MUST** be either black or white
  - **MAY** have sleeves or be sleeveless
- The Xtreme Uniform **MUST** include the ATA logo patch displayed on the top section of the back of the uniform top. No other logos or symbols can be added or changed.
- No other patches including the Official ATA patch, school patches, program patches, team patches, etc are to be worn on the ATA-Xtreme uniform.
- **NO** jewelry is allowed while in ATA-Xtreme Uniforms. **EXCEPTION:** Wedding Rings (if worn with a raised stone, the elevated stone should be turned inward)
- Shoes worn while in Xtreme uniforms **MUST** be predominately white sport shoes. Other color sport shoes, flip flops, “Crocs”, or sandals are not acceptable.

## ATA Creative Uniform:

Beginning with the 2010 tournament season, there are two possible uniforms that may be worn in the Creative competitions. They are:

- The official ATA Creative / Xtreme Black Uniform – Must be the one with the Xtreme logo on the back and Songahm Taekwondo in Korean Calligraphy on the leg of the pants. This uniform may be

worn in either ATA-Xtreme or ATA-Creative events. It may not be worn in traditional forms, weapon, or sparring events regardless of whether or not the events are held on the same day.

- Traditional white dobok

### **Required Safety Gear**

The following safety gear is required by all competitors in a sparring competition:

- Dipped foam, vinyl, or leather covered hand pads (all finger joints must be covered when a fist is made)
- Dipped foam, vinyl, or leather covered foot pads (back of heel & all toes must be covered)
- Dipped foam, vinyl, or leather covered martial arts style foam head gear with attached plastic face shield. (full coverage)
- Attached face shield **MUST** be one of these four models:  
Universal Face Shield, Dyna Rival Face Shield, ProForce Lightning Clear Face Shield, or the Ventilator Face Shield
- Martial arts style chest protector. It must cover all ribs and sternum and be worn over the uniform top.
- Mouthpiece (even while wearing the mandatory face shield)
- Groin protector for males (**NO** age exceptions / **MUST** be worn under uniform pants)

All gear **MUST** be in good repair. (Torn, taped, or worn out gear will **NOT** be allowed)

**\*\*\*No one, including instructors or parents, has the ability to give permission to alter the rules pertaining to the use of safety gear.\*\*\***

### **Color of Safety Gear**

The following guidelines apply to the color of safety gear:

- Color belts **MUST** wear either red or black hands, boots, head gear, and chest protector.
- Black belts **MUST** wear **BLACK** hands, boots, head gear, and chest protector
- All Black gear **MUST** have the ATA logo on it.

**\*\*\*Special Note 1\*\*\*** A competitor who does not have all of his/her proper equipment may borrow from another competitor or purchase the equipment at the event if possible.

# COMPETITION RULES / GUIDELINES

## GENERAL RULES

### Permission / Eligibility to Compete

**\*\*\*THIS APPLIES TO ALL STUDENTS, REGARDLESS OF BELT, RANK, OR COLLAR\*\*\***

In order to compete in any sanctioned Songahm Taekwondo event, a competitor must comply with all three of the following requirements:

1. Be a member in good standing of the ATA, STF or WTTU.
  - a. In good standing means that any member; regardless of rank belt or leadership collar, must have a current membership with the organization. A Certified Instructor must also have a current instructor's certification.
2. Be a member of and be training on a regular and consistent basis in the material that one wishes to compete with at an ATA licensed school or club.
3. Have his/her Instructor's permission to attend and compete.

Failure to comply with any of the three requirements listed above will result in the competitor being denied to compete, or if discovered after the completion of the event, any points or place winnings will be nullified. The eligibility requirement is applicable for all competition divisions including Traditional Forms, Traditional One-Step Sparring, Traditional Point Sparring, Traditional Weapons, ATA-Xtreme Forms, ATA-Xtreme Weapons, Creative Forms, Creative Weapons, Combat Weapons Sparring, Team Synchronized Forms and Team Demo Competitions. This rule will apply to all future competition divisions as well.

### Appropriate Competition Belt

Color Belt Competitors must wear the appropriate belt and compete in the division for the rank that they currently hold regardless of how long they have held that rank. A student should take pride in what they have earned and be honored to wear the correct belt. If the student has been awarded a rank at their school, they should wear that belt even if the instructor has not "officially" sent in the results to headquarters.

**EXAMPLE:** A new camo belt is not comfortable with free-sparring; he/she may choose to only compete in the form and/or weapons portion of the competition. He/She should not wear their yellow belt. Nor should an orange belt wear a camo belt they have not earned so that they may spar.

### Competition Rank

Decided Black Belt competitors who are planning to test for a higher rank during the current tournament season, MAY opt to compete in the next higher rank division. Black Belt competitors earn points throughout the tournament season to become eligible for the Tournament of Champions (See World Champion Program guidelines beginning on page 64). This rule is in effect since one may only compete in 1 division for the title of "World Champion".

**EXAMPLE:** A 1<sup>st</sup> Degree Decided Black Belt knows that they are planning to test in September for 2<sup>nd</sup> Degree Recommended Black Belt which would put them in the 2<sup>nd</sup>/3<sup>rd</sup> Degree Division. He/She may choose to compete at World Championships and any other tournament during that year with the 2<sup>nd</sup>/3<sup>rd</sup> Degrees so as to earn Top Ten Point all year long in that division. Competitors cannot carry points from one division to another.

## **Competition Age**

The age for competition of the competitors will be determined by their birthday as of **midnight December 31st of the tournament season**. The age that they are at that time will indicate the division in which they should compete in throughout the entire tournament season (See Page 67 for examples and details).

## **NO Coaching Rule**

It is the responsibility of the judges to insure that no one is allowed to receive coaching during a competition. There will be no coaching from the sidelines by anyone, including color belts, black belts, instructors, family members or friends. **This no-coaching rule is in effect from the time the competitors are “bowed into their ring” through the time they are “bowed out of their ring.”** Cheering and offering encouragement is indeed allowed and encouraged.

A competitor may receive a verbal warning during sparring for receiving coaching from anyone during the prescribed time they are in a ring (See Contact / Non-Contact Penalties on page 39). Two verbal warnings would then result in a penalty point being awarded the opponent.

## **Awards for Competition**

There will be three places awarded in Traditional Form, Traditional Weapon, ATA-Xtreme Form, ATA-Xtreme Weapon, Creative Form, Creative Weapon, Synchronized Team Form and Team Demo competitions. They are as follows:

- 1<sup>st</sup> Place Awarded to the competitor/team with the highest cumulative point total.
- 2<sup>nd</sup> Place Awarded to the competitor/team with the next highest cumulative point total.
- 3<sup>rd</sup> Place Awarded to the competitor/team with the third highest cumulative point total.

One-step Sparring, Traditional Point Sparring and Combat Weapons Sparring competitions will culminate with the following awards given:

- 1<sup>st</sup> Place Awarded to the person who wins the final round of competition.
- 2<sup>nd</sup> Place Awarded to the person who reaches, but is defeated in the final round of competition.
- 3<sup>rd</sup> Place Awarded to the two competitors who reach, but are defeated in the semifinal round of competition.

In all junior divisions, a competitor will be given an additional competitor award if they do not officially place in competition. For the purpose of this award, traditional forms/sparring/one-steps are considered one event. For all other competitions a competitor award will be given to each competitor who does not officially place in that event.

In the “Tiny Tiger” divisions, each “Tiny Tiger” that participates will receive a “Tiger Award” for every event in which they compete. For the purpose of Tiger Awards, forms/sparring/one-steps are considered one event. Every other event is separate, and a “Tiger Award” will be give to each competitor for that event

**EXAMPLE 1:** Tiger Johnny competes in Forms and One-step competitions. Tiger Beth competes in Forms, One-steps, and Traditional Weapons. Tiger Johnny would receive one “Tiger Award”, while Tiger Beth would receive two. One award would be given for Forms/One-steps and an additional one for Traditional Weapons.

**EXAMPLE 2:** Tiger Johnny competes in Forms and One-step competitions. Tiger Beth competes in Forms, One-steps, and Traditional Weapons. Tiger Jack competes in Forms, Traditional Weapons, and Creative Weapons. Tiger Johnny would receive one “Tiger Award”, while Tiger Beth would receive two.

One award would be given for Forms/One-steps and an additional one for Traditional Weapons. Tiger Jack would receive three awards. One award would be given for Forms, an additional one for Traditional Weapons, and the third award would be given for Creative Weapons.

## **COMPETITION OPPORTUNITIES**

### **Tournament Classifications**

The ATA provides many opportunities for members to compete at a variety of levels. Currently there are five classifications of tournaments. The classifications are:

#### **Class AAA Tournament**

World Championships hosted by the Grand Master of Songahm Taekwondo each June in Little Rock, AR

#### **Class AA Tournament**

Fall and Spring Nationals as well as the Black Belt Only National hosted by the Grand Master of Songahm Taekwondo. The dates for these events will vary. See your instructor for the date of these events each year.

#### **Class A Regional Tournament**

Regional Tournaments hosted around the country by qualifying school owners.

#### **Class B Regional Tournament**

Regional Tournaments hosted around the country by qualifying school owners.

#### **Class C Tournament**

In-School Tournaments hosted by individual school owners.

### **Aspects of Competition**

There are currently eight competitive events in which a student has the opportunity to compete at every ATA sanctioned tournament. Those events are:

- Traditional Forms
- Traditional Point Sparring / Traditional One-Steps
- Traditional Weapons
- ATA-Xtreme Forms \*\*\*certain additional guidelines required (See pages 48-50)
- ATA-Xtreme Weapons \*\*\*certain additional guidelines required (See pages 48-50)
- ATA-Creative Forms \*\*\*certain additional guidelines required (See pages 51-53)
- ATA-Creative Weapons \*\*\*certain additional guidelines required (See pages 51-53)
- ATA-Combat Weapons Sparring \*\*\*certain additional guidelines required (See pages 54-55)

***Participants are not required to compete in all aspects of competition.*** Instructors encourage students to compete in all divisions which they have trained; however, there might be times when a student is not prepared to compete in every event. The student should consult his/her instructor to determine the extent of his/her participation at every event. An instructor or judge should not force or intimidate students into something in which they are not confident.

# TOURNAMENT STANDARD OPERATING PROCEDURES

## Ring Size

Ring dimensions for competition shall be square and should measure in the range of 14 - 18 feet per side, depending on the type of division (adult or junior). For “Tiny Tiger” divisions, the previously described rings can be “cut” in half and two divisions may be run side-by-side.

Each ring should:

- have clearly marked boundary lines
- have centering marks for sparring competition
- be numbered

## Order of Events

The host of each tournament will publish the tournament schedule, as provided by their Regional Chief of Tournament, for that particular tournament. If the host has a particular schedule in mind, the host must submit their proposed tournament schedule to and receive approval from the Regional Chief of Tournaments before it is published to the general public.

Unless otherwise published, at Class “C”, Class “B”, and Class “A” tournaments, Traditional Weapons competition will take place within normal Songahm Taekwondo competition. The order of competition at Regional events will be:

- Traditional Form Competition
- Traditional Weapons Competition
- Traditional One-Steps / Traditional Point Sparring

ATA-Xtreme competitions, ATA Creative, and ATA Combat Weapons Sparring are held separately and at different times during the tournament.

ATA International Headquarters will publish the competition times prior for each National and World event. Black Belt Traditional Weapons competition is held separately at these events. Check the website at [www.ataonline.com](http://www.ataonline.com) prior to each event for the current competition schedule.

## Tournament Registration

For Regional Tournaments, all competitors are encouraged to pre-register with their Instructor or School/Club owner. The following guidelines apply to all registrations and registration cards:

- It is the responsibility of the competitor to obtain a registration card from their instructor, and with his/her guidance, fill out the registration card fully. This includes but is not limited to their Name, ATA number, Date of Birth, Age, Rank, School Number, and the Name of their Instructor.
- If the student is competing at an event that their instructor cannot attend, *as long as they have their instructor’s permission*, they may register at the event.
- If the membership number is absent or incorrect on the registration card, the competitor will forfeit any possible points earned for that competition.
- The Instructor of the competitor will have 5 business days after the event to contact ATA International Headquarters with the missing or incorrect number to avoid the forfeiture of points.

For World and National Tournaments, to better prepare for the national and world events, all competitors, regardless of their rank, are asked to pre-register to compete. All registration cards must be filled out

completely, especially the rank, age and height listed in inches. It is the responsibility of the instructor to double check all registrations and send them to ATA International Headquarters by the deadline. Deadlines are stated in the tournament information provided by ATA International Headquarters.

The advent of on-line registration has made this process faster and easier for students. Students who are capable of registering online for National and World events may do so only after receiving permission from their instructor as well as meeting the additional requirements of eligibility found on page 17. Pre-registration will allow for pre-determined competition assignments and a better opportunity to plan the competition day for all competitors, families, and spectators. A program booklet is prepared and distributed so that all competitors will know when and where they compete as well as when and where a Black Belt will be assigned as a judge.

### **Arrival and Competition Times**

It is recommended that each participant arrive prior to opening ceremonies in time to be on the main floor to line up and bow-in before the competition. However, many regional and all National and World events now post the approximate competition times for each division. In those instances, each color belt competitor should arrive at the tournament site approximately 30 to 45 minutes prior to their posted competition time unless otherwise notified in the tournament information packets.

***If for some unforeseen legitimate reason, a competitor is late for his/her division, the center judge will allow the competitor to enter the division if possible based on the following:***

- The Regional Chief of tournaments approves the entry.
- If the next competition event has not started a late entry will be allowed to enter the competition.
  - If forms competition has ended and weapons competition has started, the competitor will not be allowed to compete in the forms event.
  - If the weapons competition has ended and the one-steps/sparring event has started, the competitor will not be allowed to compete in the weapons event.
  - If the first round of one-steps or sparring competition has started, no late entries will be allowed as a late entry would disrupt the bye system.
- If sparring has already started, the competitor will not be admitted to the ring. At that time the Regional Chief of tournaments will determine if there is another ring available. At National and World events, that decision will be made by the National Tournament Director or his/her assigns.
- If in the opinion of the RCT the student has purposefully arrived late in order to receive an advantageous position, the RCT may refuse entry into any competition.

***Keep in mind that all posted times are approximate.*** Every effort is made to keep a tournament running on time. There are circumstances however that may delay or speed up one or more rings throughout the day.

**\*\*\*SPECIAL NOTE 2\*\*\*** For the sake of competition, the Regional Chief of tournaments will make every effort to see that a junior competitor is allowed to compete. If their ring is completed the Regional Chief of Tournaments MAY create another ring of competition for the purpose of awarding trophies. These rings will not however receive points in the World or State Championship standings.

# COMPETITION DIVISIONS and RING ASSIGNMENTS

## Color Belt Divisions

Division breakdowns are handled by the Regional Chief of Tournaments or his/her assigns. The one rule that is standard is that divisions will be limited to no more than 16 competitors. In trying to promote color belt competition **at regional events** and provide them with a positive experience, **Junior Color Belt rings (ages 16 and under)** will be split if there are 11 competitors or more. If there are 10 or less competitors, the ring will not be split. If a ring of 10 has been sent to the competition floor (on deck) and an additional competitor arrives, the ring will not be further split at that time. It is important to understand that this only applies to regional events. The final decision for competition ring assignment is solely the responsibility of the Regional Chief of Tournaments.

Regional Chiefs of Tournaments will try whenever possible to follow the Black Belt junior and adult divisions. They may at their discretion combine or alter color belt divisions to facilitate competition.

**NO ONE (Competitors, Parents, ATA Seniors, or Spectators) will attempt to influence the Regional Chiefs of Tournaments (or his/her assigns) in the forming of divisions.**

The following are the procedures for assigning competitors to appropriate rings:

- The Regional Chief of Tournaments will make calls throughout the day asking for students who are of a certain age and belt color to go to the “staging area”. This area is usually separate from the main competition floor.
- The divisions will be made according to the number of competitors in each of the age and rank groups. Due to the vast difference from region to region in school/club numbers and number of competitors at each event, it is not feasible to issue a rule concerning how the color belt divisions will be formed.
- Regional Chiefs of Tournaments will use the guides given them by ATA International Headquarters in determining how all color belt and adult Black Belt divisions are formed. This includes information about age/height/rank expectations. The Regional Chief of tournaments will make every effort to keep similar divisions for the entire tournament season.
- Junior black belt divisions must follow the Top Ten breakdowns without exception. (See Black Belt Divisions below)
- All Adult Color Belt rings will not be split unless there are more than 16 in the ring regardless of height. Adults have a better understanding of the concept of competition and in general want more competition.
- All Black Belt rings, junior and adult, will not be split unless there are more than 16 in the ring regardless of height. Black Belts are vying for World Champion Top Ten points and need to have the experience of going against the taller or shorter opponent throughout the year. National events will still be divided in the current manner using height as one of the possible factors.
- If a ring must be split, the RCT will make every effort to make sure that the split rings still have full weapons divisions for those rings. In this instance, it is possible for the RCT to run the weapons for that particular ring separately in order to insure a full division for weapons.
- The above consideration will not be made for the sparring aspect of the division.

## **Black Belt Divisions for the World Championship Program**

**Only competitors in black belt divisions can earn points toward the World Champion Program.**

- The divisions for the Top Ten are set by the International Tournament Department and are designed to give everyone an equal chance.

- Divisions are based on gender, age of the competitors, and rank.
- At the conclusion of each tournament season, the International Chairman of Tournaments will evaluate the number of competitors in each division and determine if any changes are to be made for subsequent tournament seasons.
- Divisions change as the organization grows and more students in different age and rank groups compete.

The current Junior Black Belt divisions for Traditional Forms, Traditional Point Sparring, and Traditional Weapons are:

### Junior Boys

- 7 & under 1st degrees
- 7 & under 2nd/3rd degrees
- 8, 9 & 10 1st degrees
- 8, 9 & 10 2nd/3rd degrees
- 11, 12, & 13 1st degrees
- 11, 12, & 13 2nd/3rd degrees
- 14, 15, & 16 1st degrees
- 14, 15, & 16 2nd/3rd degrees

### Junior Girls

- 7 & under 1st degrees
- 7 & under 2nd/3rd degrees
- 8, 9 & 10 1st degrees
- 8, 9 & 10 2nd/3rd degrees
- 11, 12, & 13 1st degrees
- 11, 12, & 13 2nd/3rd degrees
- 14, 15, & 16 1st degrees
- 14, 15, & 16 2nd/3rd degrees

\*\*\*\*Special Ability Divisions are listed separately on page 62 of this manual\*\*\*\*

**Junior black belt divisions will not be combined in Traditional Forms, Traditional Point Sparring or Traditional Weapons competitions at any sanctioned Regional, National or World event.** However, in certain situations, they MAY be put together to earn trophies. Some junior black belt divisions may end up with only one competitor because of the above rule stating that junior black belt divisions must follow the Top Ten breakdowns without exception. This can cause disappointment for the student not having the opportunity to actually “compete.”

- In the case where there is more than one junior division that has only one competitor, the Regional Chief of Tournaments **MAY** combine them for the **sole purpose of competing and earning trophies**. Each “single” competitor will automatically receive Top Ten points as follows: 3 points for first in form, 3 points for first in weapons, and 3 points for first in sparring if it was their original intent to compete in each category.
- This means that a competitor **could** receive Top Ten first place points, but **may** be awarded a different trophy place based on the outcome of the competition. The Regional Chief of Tournaments will use his/her best judgment in these groupings and will make every effort to make sure that everyone involved understands what is happening.

**EXAMPLE:** There is one 8 - 10 first degree boy, one 11 - 13 first degree boy, and one 8 – 10 second degree boy at a regional tournament. The Regional Chief of Tournaments will fill out black belt result sheets prior to combining any rings for trophy only competition. These result sheets will indicate that all three competitors should receive points accordingly (each receives 3 points in Traditional Forms, 3 points in Traditional Weapons competition, and 3 points in Traditional Point Sparring competition if it was his/her original intent to compete in each category). **For the sake of competition and earning trophies**, the three boys **could be** grouped together and **could** compete together. For this purpose alone, boys and girls could be combined if all parties (competitors, instructors, and parents) are agreeable. Large differences in age should be taken into consideration and should not be combined. As an example, it would not be wise to combine a 9 year old with a 16 year old.

As mentioned above, it is the decision of the Regional Chief of Tournaments on who will or will not be combined for the purpose of competing for trophies.

\*\*\* **SPECIAL NOTE 3**\*\*\* This is only allowable for junior black belt divisions *with only one competitor in them.* Junior black belt divisions with two or more competitors cannot be combined.

The current Adult Black Belt divisions are:

**ADULT MEN**

17-29 1st Degree  
30-39 1st Degree  
40-49 1st Degree  
50-59 1st Degree  
60 & Up 1st Degree  
17-29 2nd & 3rd Degree  
30-39 2nd & 3rd Degree  
40-49 2nd & 3rd Degree  
50-59 2nd & 3rd Degree  
60 & Up 2nd & 3rd Degree  
17-29 4th & 5th Degree  
30-39 4th & 5th Degree  
40-49 4th & 5th Degree  
50-59 4th & 5th Degree  
60 & Up 4th & 5th Degree  
Special Ability Black Belt

**ADULT WOMEN**

17-29 1st Degree  
30-39 1st Degree  
40-49 1st Degree  
50-59 1st Degree  
60 & Up 1st Degree  
17-29 2nd & 3rd Degree  
30-39 2nd & 3rd Degree  
40-49 2nd & 3rd Degree  
50-59 2nd & 3rd Degree  
60 & Up 2nd & 3rd Degree  
17-29 4th & 5th Degree  
30-39 4th & 5th Degree  
40-49 4th & 5th Degree  
50-59 4th & 5th Degree  
60 & Up 4th & 5th Degree  
Special Ability Black Belt

These divisions will be followed at National and World events. On a regional level, it is often times difficult to follow these divisions closely. The result of this is that on a regional level, Adult Black Belt Divisions **MAY** be combined. The Regional Chief of Tournaments (or their assign) has the ability to combine adult divisions where necessary. They will follow the guidelines given them by the International Chairman of Tournaments.

# TRADITIONAL FORM COMPETITION RULES / GUIDELINES

It is the duty of the center judge and corner judges to score each form according to the rules and guidelines outlined below:

## **Traditional Form – Judges Area of Concentration**

Scoring of Traditional Forms is divided into three judging aspects. There are 3 qualified judges per ring; Corner Judge A, Corner Judge B, and the Center Judge. Each judge is scoring a different aspect of the competitor's presentation. The judge's assigned areas to score are:

**Corner Judge A** will grade only stances and kicks.

For stances, the judge should look for:

- a strong base with correct length and width
- correct weight distribution
- a level center of gravity while moving
- good balance

For kicks, the judge should look for:

- the correct chamber position
- long, strong kicks with good extension and focus
- a complete re-chamber motion
- good power and foot speed (height of kick is not a major consideration)

**Judge A will only judge the techniques that are done and will not make point deductions for moves left out, incorrect kicks, incorrect stances, or an incomplete form. Those areas are the responsibility of the center judge.**

**Corner Judge B** will grade only hand techniques.

For hand techniques, the judge should look for:

- the correct load position
- a long, strong technique
- good reaction force (where applicable)
- proper focus
- the speed and power of the technique
- the correct ending position

**Judge B will only judge the techniques that are done and will not make point deductions for moves left out, incorrect blocks, incorrect strikes, or an incomplete form. Those areas are the responsibility of the center judge.**

**The Center Judge** will grade the overall form presentation.

His/her judging will include the following areas:

- the speed, flow and timing of the form
- completeness and correctness of the form
- competitor's attitude and enthusiasm

The quality of technique is being judged by the corner judges hence the Center Judge can focus on the showmanship of the presentation.

**\*\*\* SPECIAL NOTE 4\*\*\*** An important aspect of judging forms is not letting personal preferences concerning techniques influence scoring. It is not feasible to expect every member of Songahm Taekwondo to do every technique exactly the same. Differences in body styles, age, and other criteria can make a difference in how an Instructor may teach a student certain techniques. This does not mean that one way is more correct than another. Form judges must judge on the overall look of the techniques and not get caught up in “Well, my Instructor says it should be done this way and the competitor did it differently” concepts. The best “rule of thumb” is to watch the competitor as a judge and not as an Instructor. If a competitor has the best kicks of the group, but kicks with the instep on round kicks (in a form that doesn’t require that), don’t reduce their score just for that. Judge the techniques and the form compared to the rest of the division.

Prior to competition, the center judge will verbally explain to the corner judges who is assigned as Judge A and Judge B and when bowing in the division announce those assignments to the competitors and spectators. When seated, Judge A will be on the left hand side of the Center Judge and Judge B will be on the center judge’s right hand.

### **Traditional Form Competition Procedures**

The following procedures are indicative of how each ring is to be run at every ATA tournament:

- Prior to the initial bow-in and introductions, one of the judges will collect all the competitor registration cards. The center judge should re-count the number of competitors and the number of registration cards to insure these numbers match.
- The Center Judge should verbally “fire-up” the competitors but should not physically “warm-up” the competitors in any manner.
- To officially start the division, the competitors will line up and bow in to the assigned judges.
- The center judge will introduce the judges to the competitors and announce who is Judge A, and who is Judge B, and what area of form competition each judge is scoring.
- While facing the competitors, Judge A will be on the left hand side of the center judge and Judge B will be on the center judge’s right.
- The center judge will turn the cards face down and shuffle them so that the competitors are called in a random manner.
- To begin form competition, the center judge will draw one card at a time and call the competitor’s name. He/she will hand the card to the scorekeeper so the scorekeeper can record the name while the person is doing his/her form. **\*\*\* It is not necessary to fill in all of the competitor names before starting the competition. The scorekeeper will do this while the competitor is demonstrating the form to the judges.\*\*\*** As an additional courtesy to the competitors and their families, the Center Judge should also announce the competitor “on deck” (meaning the next competitor up for competition).
- When their name is called, the competitors will answer, “Yes, Sir/Ma’am”, run to the center of the ring, stand at attention, and wait for the judges’ directions. They will follow the judges’ instructions, and when given the command to begin, will demonstrate their form on their own count.
- They will hold the position of the last movement until given the command to return and will not leave the ring until dismissed.
- The center judge will announce scores from his/her left, calling out Judge A’s Score, then the Center’s score, and finally Judge B’s score. **Judges should keep their scores visible until the scorekeeper has repeated the scores back to the Center Judge for verification.**
- After every competitor has had an opportunity to demonstrate his/her form, the center judge will check the addition of the scores, determine if there are any ties, and award appropriate places.
- If a tie in scores should occur for first, second or third place, the run-off system will occur (See Resolving Ties on page 30).

- It is very important that the competitors be left with a positive impression and experience. Therefore, each judge should shake the hand of each competitor and congratulate them after the awarding of the trophies.

**\*\*\*SPECIAL NOTE 5\*\*\*** In every division, the first three competitors will complete their form and then be dismissed to the side. This will allow the judges to evaluate the ring by determining the general ability of the competitors. At the conclusion of the third competitors form, all three competitors will be brought back and given scores. Every subsequent competitor will be scored immediately following the performance of their form.

### **Admissible Competition Forms**

***Color belts*** that participate in the form portion of competition will demonstrate the form selected by their instructor. This decision should be based on the form the student is currently learning or just demonstrated in a recent testing. For integrity reasons, the instructor should not have a color belt student do a form that would be considered below his/her current ability level. ***However, competitors will not be questioned by the judges about the appropriateness of the form they demonstrate.***

**Example:** A green belt ***that has learned*** Songahm #1 thru Songahm #5 should not compete with Songahm #1, Songahm #2, or Songahm #3. Competing with Songahm #4 or Songahm #5 would be more in line with his/her ability.

There will not be any special consideration given in regard to the color of belt the students are wearing and the form with which that they compete (neither higher scores for a higher level form nor lower scores for a lower level form). The students will be judged according to their performance in comparison to the others in their division that day.

***1st Degree Black Belt*** competitors must do their new form after 6 months from the date of their successful decided rank test. This is commonly referred to as the “6 month rule”. The only exception to this rule is if he/she has for some legitimate reason has been unable to receive instruction and has not learned the form.

***Black Belts who have achieved the rank of 2<sup>nd</sup> Degree Decided or higher*** may choose to do any of the Black Belt forms up to and including the form designated for their rank during the regular tournament season. The lowest form that can be performed by a 2<sup>nd</sup> Degree Recommended Black Belt is “Shim Jun”. Black Belts may not compete with a form designated for a rank higher than their current rank, even if they are “competing up” for the tournament season.

**\*\*\*SPECIAL NOTE 6\*\*\*** There is not a time requirement to determine which form a color belt must do for competition. The decision is left up to the individual’s instructor.

**\*\*\*SPECIAL NOTE 7\*\*\*** The tournament department has tried to address the issue of what form a black belt should do for competition. There are several factors which have played into the decision to allow Black Belt competitors to compete with a different form than their current rank. The most prevalent ones are:

- A Black Belt competitor may want to “compete up a rank” due to a potential testing
- Black Belt forms have a higher range of difficulty. Often a black belt will decide not to compete because they are not comfortable with their new form and we end up creating more reasons for someone not to compete than deciding to compete.

With the different teaching methods used in many of the schools, and with the recommended rank issues, creating an “all specific” rule has become impossible.

**\*\*\*SPECIAL NOTE 8\*\*\*** All the competitors that make it to the Top Ten to compete for the title of World Champion in Traditional Forms **MUST** perform one of the standard forms for the division in which they are competing during that final competition. No lower rank forms will be allowed in the final competition. In a combined division of 2nd and 3rd Degrees, either “Jung Yul” or “Chung San” must be done. In a combined division of 4th and 5th Degrees, either “Sok Bong” or “Chung Hae” must be done. During the regular season, 1st Decided Black Belts may ONLY exercise the “6 month rule” which states that a competitor has 6 months from achieving their new rank to perform their new form, so they may do “Choong Jung #2 (nothing lower in a black belt ring will be allowed – even with block teaching) during the regular tournament season. If however a First Degree Decided black belt qualifies for the Tournament of Champions he/she must perform “Shim Jun” during Top Ten Competition at World Championships for the title.

### **Form Scores / Scoring Range**

***Each judge will give a score ranging from 9.0 to 9.9.***

- The score is a comparison score based on the competitors in the ring, and not based upon the excellence of the form itself.
- It is highly possible that the scores from each judge may greatly vary because each judge is scoring a different part of the performance and the scores do not have any relationship to each other.
- This method of scoring also gives the competitors instant feedback on what part of their form may need improvement.

### **Determining and Administering a Score**

It is important to understand how to determine a competitor’s score. Judges of an ATA event follow these procedures when determining a score:

- The first three competitors will complete their form before being scored. This gives the judges a base for their scores.
- Each judge will give a score ranging from 9.0 through 9.9. The meaning of the scores are as follows:

***(Remember; these scores based upon a comparison of the others in the ring and do not indicate a level of excellence)***

9.9 = Considered among the best of the group

9.6 thru 9.8 = Better than the average of the group

9.5 = the group average

9.2 thru 9.4 = Below the group average

9.1 = Complete, 2nd attempt

(Black Belt competitors are not allowed a 2<sup>nd</sup> attempt so this score is for color belts only, and must be given by all three judges)

9.0 = Incomplete (only to be given by the center judge on the first attempt or all three judges on the second attempt)

### **Incomplete Form Definition**

***An incomplete form is defined as a competitor leaving out at least an entire segment or stopping any time during the form and not finishing.*** At times, some competitors may leave out a technique or two, turn the wrong direction, or may do an incorrect technique. This would **NOT** be classified as an incomplete form. Because the emphasis of the organization’s teaching is on quality of technique rather than solely memorization, an incomplete form will receive a score of 9.0 from the center judge only if it is the first attempt, and from all three judges if it is the second attempt. ***If a competitor leaves out a technique or two, turns the wrong direction, or does an incorrect technique, he/she should receive score reductions from the center judge only.***

***Turning in the wrong direction, or doing a segment on the incorrect side of the body does not constitute an incomplete form. Only the center judge may deduct points based on presentation, but the corner judges should not deduct for this type of mistake.***

During form competition, the center judge may assist a competitor complete their form through verbal cues and possible physical demonstrations if the competitor is unable to complete their form. This is done solely to help the self-esteem of the competitor by giving them the opportunity to finish their form in front of their peers and audience. The center judge must then score the form as if it were incomplete (with the score of 9.0) which would be the same as if the judge did not offer assistance and the competitor had not completed their form. The corner judges should not deduct for this assistance. They are only to judge the techniques demonstrated.

**Example:** A competitor demonstrating Songahm #3 leaves out both knifehand high blocks, or does sidekicks in place of the two round kicks, but does correct techniques during the rest of the form. The Center Judge may make score deductions for the competitor doing the wrong techniques or leaving out techniques, while Judge A and Judge B should give scores that reflect the quality of the techniques demonstrated (when compared to the other competitors).

It is important to remember that the scores given reflect the quality of technique and presentation of the form in comparison to the other competitors in the ring at that time.

### **Additional Rulings**

***The scores of all judges will be added to determine the winner.***

***All color belts are allowed two chances to complete their form.*** The highest score they may receive on the second attempt is 9.1 which should be given by all three judges.

***Black Belts are not given the opportunity of a second try.***

If any competitor fails to complete the form, he/she should receive a score of 9.0 from the center judge only if it is the first attempt, and for color belts from all three judges for an incomplete form on the second attempt.

***There are no boundary restrictions during forms competition.*** Competitors will not be penalized for stepping beyond the ring boundaries, nor will they be penalized for adjusting their position to avoid obstacles, people, or the ring boundaries. Competitors may not realize that they will not be penalized for stepping beyond the ring boundaries and may adjust to prevent this. It is also possible that equipment bags, spectators, etc., may be in their way and they should be permitted to adjust to avoid these obstacles.

***There are no specific time restrictions during forms competition.*** When forms are described and taught, the written material has a suggested time frame in which the form should be performed. This suggested time frame is there for the purpose of helping the student understand the speed and flow of the form; it is not included as judging criteria to be used tournament competition.

***The center judge is the sole judge that will factor in the speed and flow of the overall form in their score.*** That adjustment should be based on the actual performance of the form in comparison with the other competitors and not on a “stop watch.”

***When scores are recorded on the score sheet, the only number recorded is the number following the decimal.***

**Example:** The scores of 9.6, 9.7, and 9.8 will be recorded as 6, 7, and 8. The total of these scores would then be recorded as 21.

## **Resolving Ties**

Should two or more competitors have the same score for first, second, or third place, there is a tie in the division, and the following method for determining the winner is in place:

- Ties are to be run off rather than decided in conference.
- If there is a tie in the Traditional Forms competition, the tied competitors will be asked to do their form again. The forms will be done individually, not at the same time. Each competitor must do the same form they did originally.
- All forms competitors will be given scores only on the first time that they do their form. All ties will be decided by the judges pointing to the best form.
- If there is a tie for more than one place, the judges will decide the highest place first.

**Example:** There is a two way tie for first place and a two way tie for third place. The center judge would have the two competitors tied for first place demonstrate their forms again and a decision would be made as to the victor. Then the two that tied for third place would perform next and a decision made.

- All three judges will now be judging the entire form overall rather than their original assignments.
- After all the tied competitors (for that place) have done their form, they will line up facing the judges.
- On the command of the center judge, all judges will point at the competitor they felt did the best.
- If at least two judges pick the same person, that person wins and will receive that place in the competition.
- If more than one more place was at stake, the judges will immediately decide the next best form, and so on, until all the positions are filled.
- If all three judges point to different competitors, those three will step forward one step.
- Next, the two competitors on the right (the judges' left) will take one more step forward.
- The center judge will now ask the judges to pick the better form from those two. This winner now steps forward with the competitor on the left; and the judges will again point to the better form. This person is the winner.
- If more than one place was at stake, those competitors eliminated by the original vote will now be brought back and the judges will point to the one they felt deserved the next place. This procedure will be used until all places have been determined.

**Example:** Sue, Mary, Jane, and Betty tied for first place. All four competitors demonstrate their form a second time. All four competitors' line up in front of the judges and at the direction of the center judge, each judge points to the competitor they felt earned first place. If each judge points to a different person, one competitor is eliminated from the *first* place voting (for this illustration Mary was eliminated). Once first place has been decided per the above procedures, second place needs to be determined. In order to do this, Mary would be brought back to be eligible to earn second place. This procedure would be used if there are four or more tied for first or second place; those eliminated in the deciding for one place will be brought back for the next place.

A judge will remain consistent with his/her choice for best form when deciding ties. If a judge points for "Competitor A" in his/her initial voting, that judge must continue to vote for competitor A in all subsequent voting until a competitor places or is eliminated.

**Example:** There is a three-way tie for 1st place in one of the women's divisions. The top finishers are Ellen, Sally and Jane. After the competitors have completed their form a second time, they are standing in the ring

waiting for the judges to point to the choice for the best form, and Mr. Brown votes for Ellen. The other judges each vote for Sally and Jane. When the center judge calls Ellen and Sally to step forward and the judges to vote, Mr. Brown must vote for Ellen again. If Ellen wins that vote and then goes against Jane, Mr. Brown must vote for Ellen again.

### **Score Keeper / Time Keeper**

The scorekeeper and timekeeper at an ATA tournament play an important part in the overall running of a ring. While these persons are not considered to be judges, they have responsibilities and obligations that must be followed. The Scorekeeper/Timekeeper should:

- Make sure that his/her duties in the ring are understood, and ask the center judge for any clarifications necessary.
- Write legibly (if applicable) and completely fill in any and all scores given by the center judge.
- Repeat the score back to the center judge in a loud clear voice.
- Make every effort to get the center judges attention if he/she becomes unclear with a score or time issue at any point during competition.
- Pay complete attention to the ring in which they are working.

# **TRADITIONAL POINT SPARRING / ONE-STEP COMPETITION RULES**

## **Position of the Judges**

Each judge is assigned a particular position in the ring which will allow him/her the best view for judging Traditional Point Sparring or Traditional One-Step competition.

*The center judge must maintain his/her primary position directly facing the scorekeeper and timekeeper during any calls.* This is to insure the scorekeeper and timekeeper receive, understand, and write down all instructions and scores. When the center judge has confirmed a point(s) and calls that out to the scorekeeper, the scorekeeper should repeat the point(s) back to the center judge. This will confirm that the proper information was heard and recorded.

The center judge should personally check the stop watch to insure it is working properly and should also insure the proper winners of each match are recorded.

*The other two judges should take a position in the opposite corners from the center judge, creating a triangle.* All three judges should try to maintain this triangle, so that as the competitors move around the ring, so do the judges.

## **Same School Rule**

When the center judge is pairing the competitors for Traditional Point Sparring or Traditional One-Step competition, he/she will make every effort to prevent competitors from the same school from competing against each other in the first round of competition (please refer to “Procedure of Awarding Byes” and Special Note 9 below). If a competitor receives a bye in the first round, they can face an opponent from the same school the first time they actually spar.

## **Bye system**

The ATA bye system is to be set up before any Traditional One-Steps or Traditional Point Sparring begins. The ATA bye system is based on the concept that each division must achieve a point at which exactly four competitors are left to spar for one of two third places, a second place, and a first place. Simply having an even number of competitors will not insure that a division will reach this point. A bye would be considered an “automatic win.” The competitor who receives a bye would not have to do one-steps or free-spar in the first round of the competition and would automatically move into the next round.

## **Calculating the Number of Byes**

In order to calculate the appropriate number of byes, the center judge should:

- Verify with each competitor that they are indeed sparring.
- Count the number of sparring competitors.
- Refer to the back of the sparring score sheet to determine the number of byes necessary.

## **Procedure of Awarding Byes**

*Previous World and State Champions in Traditional Point Sparring or Traditional One-Steps will receive preference in the awarding of byes.*

The procedure for administering byes will be as follows:

- The Center Judge will calculate the number of byes needed.
- To determine the number of previous World and State Champions for one-steps or sparring in the division, the center judge will have all the competitors turn around so he/she can view the uniform backs and determine who is wearing the appropriate uniform indicating a previous sparring championship won. This will be determined by the uniforms being worn that day only.

**Verbal or written confirmation of past or new champion status will not be allowed.**

- The Center Judge will award byes to the previous champions in this order:
  - First: The World Champions
    - The most current World Champion receives the first bye.
    - If any other byes are needed, then it will be by descending order of year.
    - If there are two or more of the same year for a bye, a random draw among those tied will be used.
  - Second: The most current State Champions after all the World Champions.
    - If any other byes are needed, then it will be by descending order of year.
    - If there are two or more of the same year for a bye, a random draw among those tied will be used.

This rule does not guarantee that every World or State Champion will get a bye, they only receive preference. This will be used at all regionals, nationals, and world tournaments. This rule **will not** be used in the final competition for the title of World Champion. The order of points earned will still be used to determine those byes.

**\*\*\*SPECIAL NOTE 9\*\*\*** The procedure for determining byes will take precedence over the previous rule of competitors being separated by school for the first round. The byes cannot be reassigned if this procedure leaves only members from the same school competing against each other in the first round.

**Traditional One-Step Sparring Competition**

The following are the basic rules and guidelines concerning Traditional One-Step Sparring Competition:

- All white, orange, and yellow belts are eligible to compete in Traditional One-Step Sparring. They cannot free-spar.
- If a student is wearing a camo belt at a tournament, he/she will not be allowed to compete in Traditional One-Step Sparring even if he/she has been recently promoted. He/she has the option to free spar or may choose not to.
- One-steps must be done with a “partner” facing each other and as if in a self-defense situation. Traditional One-Step Sparring matches use the same bye system as free sparring.
- After the competitors bow in, the center judge assigns one competitor to be red (using a piece of red cloth attached to the competitor’s belt in the back) and one competitor to be white.

**\*\* SPECIAL NOTE 10\*\*** Please refer to page 27 regarding the “Admissible Competition Forms. The set of one-steps a competitor may do will follow the same criteria as described for forms (except that camo belts and above must free-spar).

- A competitor cannot mix one-steps from two different ranks, **but the set of one-steps which a competitor uses does not have to match the form the competitor used during form competition** (i.e. a competitor may do Songahm 2 Form and Songahm 1 One-Steps).

- During one-steps, a competitor must do at least two different one-step combinations on the first two attempts to win both initial points.
- If a competitor does repeat a one-step during the first two attempts, they are prohibited from winning the second attempt. They may, however, repeat a one-step during the final round and win the tie breaker.
- For safety reasons, competitors can only perform the #1 and #2 one-steps in any order.
- The #3 one-step will not be allowed.
- If there is a tie and a third one-step is necessary, the competitor will use his/her choice of the #1 or #2 one-step.
- A one-step match will last for a maximum of three one-steps.
- If a competitor accidentally makes slight contact during one-step sparring, he/she will not be penalized. If excessive contact is made, a penalty point *may* be awarded or the student *may* be disqualified if appropriate.

### **Traditional One-Step Sparring Competition Procedures**

- The center judge will conduct the match as he/she would for free-sparring.
- The competitor on his/her right will always be red and low block first.
- The center judge will start each one-step segment by telling the red competitor to “Step Back, Low Block!”
- The center judge will break the competitors between each one-step just as in freesparring.
- To seem more like free-sparring, the judges will score the one-steps one at a time.
- Using flags, the judges will score the first one-step as soon as both competitors have finished. One point will be awarded to either red or white.
- This will continue until one competitor scores two points and is declared winner of the match.
- The winner of the match should then confirm his/her name with the scorekeeper to insure that the proper competitor is credited with the win, and advances to the next round.

### **Traditional One-Step Sparring Judging Criteria**

All one-steps will be judged by the following criteria. The judges will check each of the criteria, moving down the list until he/she sees a significant difference between the competitors. This determines the winner of the one-step. The criteria in order of importance are:

- **The quality of the basic techniques:** stances, blocks, kicks, etc. As mentioned earlier about forms, memorization is not the organization’s sole objective. A student that has “great” technique but leaves out a move (or does an incorrect move) should not lose to a student that does the one-step “correctly”, but has only “fair” technique. Also, regional/Instructor variances are expected and must be allowed.
- If both are even, the judges will look at **power**; which competitor uses the stronger techniques.
- Next, look at **the flow** (or smoothness) of the one-step.
- If the judge still can’t decide, choose the **competitor striking closer to the target.**
- If they are still tied, the competitor with the **better competitive attitude** should win.

### **Traditional Point Sparring Competition**

- Prior to sparring competition, it is the responsibility of the Center Judge to verify that all competitors have all and are using only ATA approved safety gear.
- All camo belts through Black Belts are eligible to free-spar.
- Each sparring match will last a maximum of 2 minutes unless:

- There is a tie at the end of regulation time.
- One competitor reaches 5 points before the time limit has expired.
- Unless a disqualification is declared, the competitor who scores the greater number of points at the end of regulation time will be declared the winner.
- Neither color belts or black belts are required to make body contact to score points, but **may** make light to moderate contact to the body or head.
- In the interest of safety, if a judge feels that the technique was close enough to score, (no attempt was made to block or evade) but contact was not made because of exceptional control by the attacker, a point should be awarded.
- Using the ATA Bye system, the Center judge will call up the competitors in pairs until an overall winner can be determined.

### **Traditional Point Sparring Competition Procedures**

The following rules are in effect for every round of free-sparring:

- Each competitor will answer “Yes, Sir/Ma’am!” when his/her name is called, and run to the mark indicated by the center judge. From that point to the end of the match, the competitors will follow the instructions of the center judge. They will not talk unless directly addressed by the center judge or one of the corner judges. Comments, actions, facial expressions or disrespectful body language in response to a judge’s call or to a lack of judge’s call or ruling will not be allowed and may be punished by a verbal warning, penalty point or disqualification.
- Each round will be timed for a maximum of 2 minutes.
- Time runs continuously unless the center judge or corner judge indicates that time should be stopped.
- If one competitor reaches five points before the end of the two minutes, he/she will be the winner.
- Ties will be determined by “sudden victory” -- the first competitor to score a point will win.
- There is no time limit on “sudden victory.”
- Points and warnings do not carry over into “sudden victory.”
- Overtime matches may be decided by penalty points.
- At the conclusion of a match, the winner should then confirm his/her name with the scorekeeper to insure that the proper competitor is credited with the win, and advances to the next round.

### **Legal Target Areas**

Points in a Traditional Point Sparring competition are scored by hand or foot techniques only to legal target areas. The following guidelines apply:

**Hand techniques** may only strike the front of the torso.

This area is restricted to the front of the body starting at the hip line and going up to the base of the throat, and from one side seam of the uniform to the other side seam of the uniform.

\*\*\*Striking techniques going towards or making contact with areas outside of this definition will be considered illegal. (See Warnings)

**Foot techniques** may strike the front of the torso (see above), the head, and neck, excluding the throat.

The sides and back of the neck are legal as are all areas of the head including the face mask, the sides, back, and top.

\*\*\*\*Kicking techniques going towards or making contact with areas outside of this definition will be considered illegal (See Warnings on pages 38-42).

## **Illegal Target Areas and/or Illegal Techniques**

Illegal target areas include any part of the body not described in the above definitions. The type of technique, striking or kicking, will determine which definition to use.

Illegal target areas include:

- All areas below the belt. This includes side, front or back areas and applies to kicks or strikes.
- The back of the torso (excluding the sides or back of the neck and head for kicks) and to the back.
- The throat.

While striking the arms and/or shoulders will not score a point, they are not illegal targets.

Blind hand techniques are illegal techniques as are blind kicking techniques. A hand or kicking technique is considered “blind” if the attacker is not looking at the target at the time the technique is thrown. A spinning backfist would be an example of a “blind” hand technique. Throwing a spinning heel kick while not looking at the target would be an example of a “blind” kicking technique.

## **POINTS**

### **How a Competitor Scores a Point**

Scoring points will be done by performing legal hand or foot techniques to or near the legal targets, with varying criteria depending on the rank and division of the competitors. The following techniques will score points:

- **Hand and standing foot techniques to the legal torso area will score one point.** Legal hand techniques include only punches, backfists, hammerfists, ridgehands and knifehands. Finger tip techniques as well as spinning backfists, spinning knifehands, etc. which are defined as “blind techniques” are not allowed.
- **Standing foot techniques to the head, face, side or back of the neck, will score two points.**
- **Jump kicks to the body will score two points.** The criteria for a technique to qualify as a jump kick is that the non-kicking foot must be off the ground at the time of the kick coming close to or touching the legal target area.
- **Jump kicks to the head target areas score three points.** The criteria to qualify as a jump kick is that the non-kicking foot must be off the ground at the time of the kick coming close to or touching the legal target area.
- Techniques cannot score if the competitor (the attacker) is falling during the execution of the technique.
- Kicks cannot score if anything other than the base foot is touching the ground.

**EXAMPLE:** Competitor A strikes the chest of Competitor B with a side kick, but in the process puts his/her hand on the floor while executing the kick. The Center Judge will call break, and re-set the competitors in the middle of the ring. No point will be scored.

### **The Signals Used for Point Calling**

Corner and center judges use signals to indicate calls in a ring. The center judge will point to the proper competitor rather than raising a flag. A Corner Judge will use the flags as an indicator. The calls are:

- ***Point*** - raise the correct flag color (as well as pointing the flag toward the competitor who scored) and number of fingers corresponding to the number of points scored. This means the judge saw a technique come close to or touch a legal target area.

- **No Point** - cross both forearms downward.  
This means the judge saw a technique, but did not feel that it qualified as a point due to reasons such as, but not limited to:
  - The technique was not close enough for the ranks of the competitors.
  - The technique was blocked by the other competitor.
  - The technique was not a proper technique (weak or poorly thrown).
  - The technique was thrown when the competitor was out-of-bounds.
  
- **No See** - one hand covers the eyes.  
This means the judge either did not see a technique thrown or was not in a position to judge whether the technique came close to or touched a legal target area.
  
- **Warning** - wave the correct flag color down low.  
This means the judge saw the competitor do something that was illegal. This includes, but is not limited to:
  - The technique was going in the direction of an illegal target area (this would include fakes or feints).
  - The technique came close to or touched an illegal target area.
  - The technique used was illegal.
  - The competitor didn't exercise sufficient control of the technique.
  - The competitor was running out of the ring to avoid being scored upon.
  - The competitor was purposely falling to avoid being scored upon.
  - The competitor's attitude/conduct was not of ATA standards.
  - The competitor is delaying the match (slow return to mark, slow getting up, etc.).
  - The competitor is receiving coaching.

### **Making a Call – Point**

If a point or warning is seen, the following actions will occur:

- One or more of the three assigned judges should clearly call out “Break!” to stop the action.
- On direction of the center judge, each judge will indicate one of the four calls; “point”, “no point”, “no see”, or “warning”.
- The center judge and the corner judges are required to show their vote at the same time.
- Each judge has one vote with all the votes carrying equal weight.
- When indicating a point for either color, the corner judge should raise AND point the appropriate flag and number of points awarded in the direction of the competitor they are calling for. This way if an error is made in the color of flag raised, the judge may change the flag for the correct call. If a corner judge calls a point for red, but raises the white flag, red is possibly being deprived of an earned point. Honest mistakes do happen. If the judge points in the direction of the proper competitor, but raises the wrong color flag, it is evident to everyone for whom he/she meant. It would be permissible in this event to change the flag color.
- Points or penalties will be awarded according to the majority of judges who saw the techniques. If a warning is called, it must be verified. See the next section on Warnings.

**Example 1:** Two judges call “no see”, and one judge calls “point.” In this case, the competitor who scored will be awarded the appropriate point(s). If a judge calls “no see”, he/she has eliminated himself/herself from that particular scoring vote. In this situation, only one judge saw the scoring technique, so this would make him the majority.

**Example 2:** One judge calls “no see”, one judge calls “1 point Red” and one judge calls “no point”. In this case, there is no majority, and no points would be awarded.

- If two or three judges score different points for the same competitor, the highest common score called by the majority of judges will be awarded.

**Example 1:** First judge scores Red 1, second judge scores Red 1, and third judge scores Red 2. The highest common score is 1 and Red is awarded 1 point.

**Example 2:** First judge scores Red 1, second judge scores Red 2 and third judge scores Red 3. At least two judges scored 2 points or higher and Red is awarded 2 points.

\*\*\* **SPECIAL NOTE 11**\*\*\* A judge must actually **SEE** (not just hear contact, etc.), any technique he/she calls. If a judge is not sure that a technique scored, he/she will call “no see.” If he/she calls “no point,” he/she could prevent a competitor from receiving a legitimate point.

## WARNINGS

### Procedures for Calling a Warning

The following procedures and guidelines are used in the calling of a warning:

- If a judge sees an illegal technique or illegal action, that judge will call “Break” to stop the action.
- The center judge will say “Judges...Score”. At this time the judge that called for the break will then wave the matching colored flag of the offender towards the ground.
- The center judge will look at the time-keeper and say “Stop Time!”
- A discussion will then take place about what that judge saw and whether any of the other judges saw that illegal action. Once it has been discussed what the offending action was, the center judge should then call for verification similar to calling for verification of points. Judges should make every effort to make sure the competitor and spectators understand any discussions that occur.
- Each judge will then use the same calls as they would for verifying points.
- A competitor can not be issued a warning and be awarded a point at the same time.

**EXAMPLE:** During the action, one judge saw “Red” punch towards “White’s” face and two judges saw “Red” kick towards “White’s” head. The Center judge calls for the judges to score. At this time the judge that saw the punch waves his/her red flag towards the ground and the other two judges raise their red flags and two fingers indicating an award of two points for “Red.” The center judge sees the call for a warning and stops time so the judges can discuss what was witnessed. After the discussion, the Center judge asks for official verification. It is verified that “Red” punched toward an illegal target area (the face) and a warning is issued to “Red”. Since “Red” received a warning for the punch to the face, “Red” cannot also receive two points for the kick.

- If a judge sees a point and a warning at the same time during a sparring match, he/she will notify the center referee when instructed to score after a break (a corner judge can call time if necessary).

**EXAMPLE:** Center referee calls “no see,” one corner judge calls “White 2,” and the other corner judge calls “White 2” but also saw Red make contact to an illegal target area. The center judge would seek verification on the Red warning first then proceed to the point call for White.

- In a situation that requires calls for both competitors, time must be stopped and not continued until the final warning and/or scoring decisions have been completed.

**EXAMPLE 1:** One judge calls “White 1,” second judge calls “White 1,” and the third judge calls “Red warning.” The center judge should stop time, discuss the warning first and seek verification, then move on to the point calls.

**EXAMPLE 2:** One judge calls “White warning,” second judge calls “Red 2,” and the third judge calls “no see.” Judges would first verify the warning for “White” and then the points for “Red.”

### **The Signals Used to Verify a Warning**

The safety of all competitors is the main concern of every judges involved in a division. It is because of this safety concern that the calling of warnings is a very important aspect of the judge’s responsibility. The call of warnings always requires special attention whether it is the only call or not.

The following signals will be used to indicate calls concerning warning:

- **Verify the warning** - Wave the matching colored flag of the offender towards the ground. This indicates the judge saw the action and agrees that it was illegal.
- **Disagree with the warning** - Cross the arms low. This indicates the judge saw the action, but did not agree that it was illegal. This could be because of a different visual position to the action and did not see the action as illegal.
- **No See** - One hand covers the eyes. This indicates that the judge did not see the action, and cannot agree or disagree with the call. The results of this call are handled similar to calling for points; the majority indicates the final call. It is important to remember that two calls of “No See” do not negate a warning or a point. The “No See” calls are treated as if the judge wasn’t there at the time and the majority of what is remaining indicates the final call, even if the majority is only one judge.

**Example 1:** If one judge calls “no see,” one judge calls “point” for white, and one judge calls “warning” for white, the appropriate warning or point (warnings are always verified first) will be called following the verification process.

**Example 2:** If one judge calls “warning” for red, one judge calls “no point,” and one judge calls “point” for red, the competitor will receive the appropriate warning or point (warnings are always verified first) following the verification process.

**Example 3:** If one judge calls “point” for white, another judge calls “point” for white, and another judge calls “warning” for the white, the competitor will receive the appropriate warning or point (warnings are always verified first) following the verification process.

### **Contact / Non-Contact Penalties**

Contact penalty rules are for the safety of competitors in their different divisions. The safety equipment is only effective in stopping cuts and bruises from accidental contact made with controlled technique. It will not protect against full-power attacks. The following rules apply to contact during a sparring competition:

- All contact penalties will result in a point awarded the defender. This includes non-intentional contact that does not fall under the “NO FAULT” rule.
- All competitors are encouraged to score head kicks without contact.
- If light contact is made, points may still be awarded.
- If the judges’ vote determines excessive contact was made, the center judge will award a penalty point, or he/she may disqualify the attacker if excessive contact was due to malice or a negligent lack of control.

- Neither color belts nor black belts are required to make body contact to score points, but may make light to moderate body contact.
- Black Belt students are not required to make head contact with kicking techniques, but are allowed to make light to moderate contact.
- No contact will be allowed, or any points awarded, for any hand techniques to the head.
- Hand contact to the head or contact to any illegal target area the first time will result in a penalty point; the second time will be automatic disqualification.
- In all calls relating to contact to illegal target areas, the judges should take into consideration the amount of contact as well as the perception of control of the technique.  
(Please refer to the next page on “No-Fault Rule.”)

**EXAMPLE:** “Red” has already made contact to an illegal target area and “White” was awarded a penalty point for the infraction. Later in the match, “Red” throws a punch that goes towards the face of “White.” The judges may decide that “Red” did make contact with a punch to the face of “White,” but that “Red,” seeing where the punch was going, did try to control the technique and the amount of contact was very, very minor. A technique like **this would not be grounds for disqualification, but would indicate another penalty point awarded to “White.”**

- Contact to certain areas that are not defined as legal, may not warrant a warning. Examples would include, but not limited to: punches that hit the shoulder or kicks that make contact to the other competitor’s leg while that leg is in a kicking motion and would be considered above the hip line. The judges will use their experience and knowledge to determine if the competitor needs to be warned.

A competitor may also be issued a non-contact penalty. Non-contact penalties include, but are not limited to the following:

- running out of bounds to avoid the fight
- falling down to avoid attack
- low fakes
- delaying a match (getting up slow, returning slowly when break is called, etc.)
- grabbing an opponent
- striking (no contact) to an illegal target area
- coaching

Non-contact infractions will receive a warning for the first instance and a penalty point for each subsequent infraction.

### **Excessive Contact, Illegal Contact, and Unsportsmanlike Conduct.**

Excessive contact, illegal contact, or unsportsmanlike conduct will result in a penalty point awarded to the opponent on the first offense. It may result in disqualification if the judges deem it was done through negligence or malice.

- The second instance will result in disqualification of the offender.
- Remember that the purpose of this rule is to protect the competitors physically and mentally, even if it may seem harsh to disqualify a competitor with poor control.
- If a competitor is disqualified during sparring, he/she is eliminated from competition during that tournament only, not from future tournaments.
- If a competitor is disqualified for unsportsmanlike conduct after places are awarded, that competitor will forfeit his/her place. Other competitors will not move up in place if this occurs.
- It is possible for a competitor to be disqualified for unsportsmanlike conduct by his/her parent or fan in attendance.

## **No-Fault Rule**

If a competitor throws a technique that is **intended** for a legal target area, but due to actions outside of his/her control, strikes (or comes close to) the opponent in an illegal target area, the competitor will not be penalized.

**Example 1:** A competitor throws a reverse punch towards his opponent's chest. The opponent ducks down and is hit in the face, or blocks the punch up into his/her face. This would result in a no-fault call.

**Example 2:** A competitor throws a sidekick towards his opponent's ribs. The opponent does a spinning hook kick at the same time and is kicked in the back. This would result in a no-fault call.

An important factor in determining if the no-fault rule should be exercised is if the competitor recognized what was about to happen and tried to further control the technique. This is not always possible, but would support the concept that the competitor is concerned about the safety of his/her opponent. It is also important to remember that this is a judgment call by the judges in the ring. Those judges will use their experience and the attitudes of the competitors as guidelines when using the no-fault rule.

## **Out of Bounds**

A competitor is considered completely out of bounds when any part of the foot (or more) is touching the floor beyond the ring boundary. Judges should tap the floor if they see a competitor is out of bounds to help him/her realize his/her ring position. The following rules apply:

- A competitor out of bounds cannot score.
- A competitor out of bounds can still be scored upon.
- A competitor is not required to "let" the person out of bounds return in bounds. If in the judgment of the officials, there is no danger to the competitors, or spectators, they may allow the ring to continue even if one competitor is out of bounds.
- If a competitor has one foot in bounds and one foot out of bounds, the competitor can only score with the foot that was out of bounds. By picking up this foot, he/she is now back in the ring.
- A competitor cannot score with a jump kick if initiated with both feet out of bounds. However, a #3 style kick can score if the out of bounds foot is the one that initiates the elevation for the kick (and the other foot was in bounds). Once the out of bounds foot lifts off the floor, the base foot is in bounds and the competitor would be considered in bounds.
- A competitor can score on an out of bounds competitor with a jump kick if initiated inside the ring and the scoring occurs while both feet are still in the air.
- Out of bounds penalties depend on whether the competitor was forced out of the ring or ran out to avoid an attack. If it becomes apparent that a competitor is running out of the ring to avoid attack or is not making adjustments to avoid being forced out of bounds, he/she should be given a warning the first time (provided he/she does not have a warning for some other infraction or be given a penalty point if he/she already has had a warning for some other infraction) and a penalty point for each following instance.

## **Competitor's Attitude**

One of the most important tenants of Songahm Taekwondo is the concept of **DISCIPLINE**. While it is important to show the discipline of being a good loser, it is equally important to exhibit the discipline of being a good winner. Songahm Taekwondo students are known for their discipline, courtesy and respect.

Any kind of exhibition of disgust, frustration or dissatisfaction with the outcome of competition will not be tolerated. This includes leaving the ring or ring area before awards are given and the ring being formally dismissed.

Neither will over-exuberance with winning be allowed. All sparring gear should be left on until the competitor is dismissed and has left the ring. Poor sportsmanship of any kind **may** result in warnings, penalty points, disqualification, reverse decisions, loss of all or part of one's accumulated top ten points or being barred from future tournaments.

**Reverse decisions** can only be executed by the Regional Chief of Tournaments, National Tournament Director or the International Chairman of Tournaments. Being barred from future tournaments can be recommended by the Regional Chief of Tournaments or the National Tournament Director, but must be approved by the International Chairman of Tournaments with official written notification to the offender coming from the International Chairman.

### **Injuries**

Every effort has been made to ensure that competing in a Songahm Taekwondo tournament be as safe as possible. However, injuries do occur. The following guidelines will be applied to all injuries during competition:

- If a competitor is injured the judge will have him/her lie down (or remain where he/she has fallen) and remain still and **WILL NOT** remove the headgear.
- The medical team on site will be called to the ring.
- If there was no blow to the head or face, the competitor may be asked to remove his/her mouth piece.
- Until the medic arrives at the ring, every effort will be made to help the competitor stay calm, making sure he/she does not move around.

The injured competitor will only be allowed to continue only when a certain criteria is met. The criteria are as follows:

- It is the opinion of the medical team that he/she will not be further injured by continuing.
- If the competitor is under 18 years old, he/she **MUST** receive permission from his/her parents (if present), instructor (if present), and medical staff.
- If the parents and instructor are not present, the recommendation of the medical staff will stand.

# TRADITIONAL WEAPONS COMPETITION

## GENERAL RULES AND GUIDELINES

See pages 16 for eligibility requirements and page 19 for order of events

### Approved Weapons

Prior to competition, it is the responsibility of the Center Judge to inspect and approve all weapons intended for competition. The following guidelines apply to all Traditional Weapons used in competition:

- All weapons used in competition **MUST** be the “Protech” version or “Protech” approved.
- Jahng Bong is an exception – any style is allowed, but it **MUST** be in good condition. This applies to Black Belt as well as Color Belt competitors.
- Jee Pahng Ee is an exception and may only be used by Black Belt competitors. Any style is allowed, but it **MUST** be in good condition.
- **NO** other branded weapons are permitted for traditional weapons competition.
- Competition weapons **MUST** not be decorated or altered in any fashion
- “Knowledge” stripes may be used on “In Class” weapons **ONLY**, not for weapons competition.
- The weapons may not be altered from their original size, shape, or form by any means. Decorations or adornments not included in the manufacturing of the weapon are not permitted.

## TRADITIONAL WEAPONS - COLOR BELT RULES & PROCEDURES

### Color Belt Approved Weapons - Size & Specifications

The color belt student must confer with their Instructor concerning the weapon they will use in competition. As in traditional forms competition, the student must have his/her instructor’s permission to compete. Color Belts must only use ATA Protech safety weapons. These ATA Protech safety weapons may be black, blue, or red in color. Colors Belts may NOT use the ATA-Xtreme weapons. The only exception to this rule is the ATA-Xtreme Jahng Bong.

If competing in weapons, a color belt **MAY ONLY** compete with one of the following:

- Single or Double Bahng Mahng Ee  
If competitor is under 60” tall, they **MAY** use either 21” or 25” weapon  
If competitor is 60” or over, they **MUST** use 25” weapon
- Single or Double Ssahng Jeol Bong  
If competitor is under 60” tall, they **MAY** use either 9” or 12” weapon  
If competitor is 60” or over, they **MUST** use 12” weapon
- Jahng Bong  
Length of weapon **MUST** be at least shoulder height
- Ssahng Nat (this is a double weapon only)  
If competitor is under 60” tall, they **MAY** use either 9” or 12” weapon  
If competitor is 60” or over, they **MUST** use 12” weapon
- Gum Do (this is a single weapon only)
- Oh Sung Do (this is a single weapon only)

## **Form Competition Procedures**

- The center judge will introduce the judges to the competitors and explain what each judge is scoring. He/she does this to insure that everyone understands the rules and procedures.
- When a competitor's name is called, the competitors will answer, "Yes, Sir/Ma'am," run to the center of the ring, and stand in the proper attention stance for that weapon to wait for the judges' directions.
- They will follow the judges' instructions, and when given the command to begin, will demonstrate their form at their own count.
- They will hold the position of the last movement until given the command to return and will not leave the ring until dismissed.

## **Content of "Free-Style" Demonstration**

The following rules apply to color belt "free style" competition:

The color belt student will demonstrate a "free-style" routine of his/her own creation that has a maximum duration of 30 seconds. There will not be a penalty for a performance that is less than 30 seconds.

The time-keeper of the ring will start the clock running at the command of the Center Judge and will call out "Time" when 30 seconds has expired (at which time the student must stop performing within a second or two).

They will not demonstrate the form created as part of the Black Belt mid-term requirements.

## **Judging Criteria for "Free Style" Scores**

Color belt weapons competitors present a "free style" presentation for the judges. Color Belts do not have a specific form to do. The routine must be approved by the competitors' instructor prior to competition; therefore it is vital that the color belt student consult his/her instructor as to the presentation. Every student will present his/her own unique "free style" form. This presentation will be judged on the following criteria:

- Overall Control of the Weapon (deductions for drops, mishandling, etc.)
- Difficulty (more difficult maneuvers deserve more recognition)
- Originality (is the competitor being creative)
- Presentation (was the display exciting and fun)

This is not intended to be a specific order but rather a guide for the judge to compare one presentation against another.

## **Traditional Weapons - Judges Area of Responsibility**

One difference from the traditional forms scoring system is that all three judges will score the entire performance rather than one specified aspect. The same scoring system will be used as the Traditional Songahm Taekwondo Form competition. Scores will range from 9.0 to 9.9 (please refer to page 27 of these rules) with two additional items:

- There is an automatic one tenth point deduction from each judge's score for dropping the weapon(s).
- There is an automatic one tenth point deduction from each judge's score for picking up the weapon(s) incorrectly.
- There will be a one tenth point deduction from each judge's score if a competitor's weapon breaks during his/her competition. If a weapon should break in any type of weapon competition, the competitor will be given a maximum of 30 seconds to replace the weapon from his/her own gear, or borrow one from another competitor. Once the student has replaced the weapon, the form will be continued from the point that the weapon broke. If the weapon cannot be replaced for any reason, the competitor will then receive a score of 9.0 from all three judges as an incomplete form.

- A competitor is considered to be active competition from the time they are bowed in to do their presentation until they are bowed out at the completion of their presentation. Any weapon drops between those two actions will impact the score given by the judges. This would include any special finishes that a particular weapon may have once the competitor is given the command “Bah-roh”.

### **Resolving Ties**

Ties are to be run off rather than decided in conference. If there is a tie in the color belt weapons form competition the following procedure will take place:

- The tied competitors will again perform their free-style form for the weapon they are demonstrating one competitor at a time until all the tied competitors have had an opportunity to perform again.
- After all of the tied competitors have performed for the second time, the judges will point to the winner rather than giving numerical score again.
- If there is a tie for more than one place, the judges will decide the highest place first (please refer to page 30 of these rules for further information).

## **TRADITIONAL WEAPONS - BLACK BELT RULES & PROCEDURES**

### **Approved Weapons – Rank & Size Specifications**

If competing in weapons, black belts **MUST** compete with a ***Protech Approved*** weapon(s) assigned to their rank or lower. Black Belt students must confer with their instructor concerning the weapon they will use in competition.

Black Belts **MUST** perform the required Black Belt form assigned to the weapon. Black Belts do not use “free style” forms unless breaking a tie.

The following weapons, as well as which ***Black Belt Rank*** may use them, are listed below:

- Single Bahng Mahng Ee for 1<sup>st</sup> Degrees or above  
If competitor is under 60” tall, they **MAY** use either 21” or 25” weapon  
If competitor is 60” or over, they **MUST** use 25” weapon
- Double Bahng Mahng Ee for 2<sup>nd</sup> Degrees or above (same size as for single)
- Single Ssahng Jeol Bong for 1<sup>st</sup> Degrees or above  
If competitor is under 60” tall, they **MAY** use either 9” or 12” weapon  
If competitor is 60” or over, they **MUST** use 12” weapon
- Oh Sung Do for 1<sup>st</sup> Degrees or above
- Double Ssahng Jeol Bong for 2<sup>nd</sup> Degrees or above (same size as for single)
- Ssahng Nat for 2<sup>nd</sup> Degrees or above (this is a double weapon only)  
If competitor is under 60” tall, they **MAY** use either 9” or 12” weapon  
If competitor is 60” or over, they **MUST** use 12” weapon  
The “collapsible” Ssahng Nat Protech safety weapon may be used.
- Jahng Bong for 3<sup>rd</sup> Degrees or above  
If doing Mid-Range, weapon **MUST** be at least shoulder height or longer  
If doing Long Range, weapon **MUST** be at least 4” taller than competitor
- Sam Dan Bong for 4<sup>th</sup> Degrees or above
- Jee Pahng Ee for 4<sup>th</sup> Degrees or above  
Any wooden model is permitted (rubber cap on end must be removed)
- Gum Do for 4<sup>th</sup> Degrees or above

The sheath of the Gum Do is required during traditional competition. The act of sheathing and unsheathing the Gum Do makes dictating a size of the weapon more difficult. It is up to the instructor to decide which the longest weapon the competitor should use is.

### **Judges Areas of Responsibilities**

Weapons competition procedures are very similar to Traditional competition, but they do each have their own unique rules. As in Traditional competition, there are 3 qualified judges per ring; Corner Judge A, Corner Judge B, and Center Judge.

All three judges must **judge the overall form, as well as** the following:

**Corner Judge A** will grade:

- Proper stances and accurate strikes (as they relate to the nine angles of strike).
  - For stances, the judge should look for proper weight distribution and foot placement.
  - For accurate strikes, the judge should use the nine angles of strike as the guideline.

**Corner Judge B** will grade:

- Timing
  - The judge will look for the coordination of hand and foot movements.
- Fluid handling of the weapon
  - The judge will look for smooth exchanges and transitions from one move into the next.
- Equal precision of the left and right sides of the body
  - The judge will look for a balance of technique quality from one side to the other.
- Consistency between the first half of the form and the second half
  - The judge will look for equal speed and direction of the weapon during both halves.

**The Center Judge** will grade:

- Memory
- Transition between segments
- Appearance of the form
- The attitude of the competitor

\*\*\*\*In grading these areas, the judge should consider which competitor gave the best performance and who put on the best show.

### **Black Belt Traditional Weapons - Form Scoring**

The same scoring system will be used as the Traditional Songahm Taekwondo Form competition. Scores will range from 9.0 to 9.9 (please refer to page 28 of these rules) with four additional items:

- There is an automatic one tenth point deduction from each judge's score for dropping the weapon(s). The Gum Do sheath is considered part of the weapon.
- There is an automatic one tenth point deduction from each judge's score for picking up the weapon(s) incorrectly. The Gum Do sheath is considered part of the weapon.
- There will be a one tenth point deduction from each judge's score if a competitor's weapon breaks during his/her competition. If a weapon should break, the competitor will be given a maximum of 30 seconds to replace the weapon from his/her own gear, or borrow one from another competitor. Once the student has replaced the weapon, the form will be continued from the point that the weapon broke. If the weapon cannot be replaced for any reason, the competitor will then receive a score of 9.0 from all three judges as an incomplete form.

- A competitor is considered to be active competition from the time they are bowed in to do their presentation until they are bowed out at the completion of their presentation. Any weapon drops between those two actions will impact the score given by the judges. This would include any special finishes that a particular weapon may have once the competitor is given the command “Bah-roh”.

### **Black Belt Traditional Weapons – Resolving Ties**

Ties are to be run off rather than decided in conference. If there is a tie in the weapons form competition the following procedure will be followed:

- The tied competitors will again perform the proper form for the weapon they are demonstrating.
- At the conclusion of the form, the center judge will give the command for the competitor to return to the proper ready position and then indicate for them to start a 30 second free-style demonstration.
- This procedure will be done one competitor at a time until all the tied competitors have had an opportunity to perform again.
- After all of the tied competitors have performed for the second time, the judges will point to the winner rather than giving numerical score again.
- If there is a tie for more than one place, the judges will decide the highest place first (please refer to page 30 of these rules for further information).

In resolving ties for black belt weapons form competition:

- The key element a judge will focus on is still the performance of the original form.
- The free-style demonstration is not the first criteria for resolving ties in weapons competition. *The free-style demonstration is included only to help the judges make a decision if the tied competitors perform comparable original forms and they are unable to decide between the competitors.*
- If a judge cannot decide between the tied competitors based on the original form being repeated and needs to depend on the free-style demonstration to make a choice, the judge should determine the winner based on the difficulty, originality, and fluidity of the presentation in regards to the use of the weapon. *The key element of the free-style demonstration must be the use of the weapon. Advanced kicking techniques and the use of gymnastic moves should not receive higher consideration unless the weapon is actually used within the movements.*

# ATA-XTREME COMPETITION RULES / GUIDELINES

ATA-Xtreme Form and ATA-Xtreme Weapons competitions are a “Free Style” performance that allows the mix of traditional and contemporary martial arts techniques that have evolved over the last 30 years. These may be added to a traditional form, or the form may be devised in its entirety by the competitor.

## Eligibility Requirements:

In addition to the regular eligibility requirements listed on page 17, **in order to compete in any ATA-Xtreme competition, the competitor must also compete in the traditional event that correlates to the ATA-Xtreme event in which they wish to compete.**

**EXAMPLE:** If a competitor wishes to compete in ATA-Xtreme Forms, the competitor must also compete in Traditional Forms that day. The same would apply for ATA-Xtreme Weapons competition.

## General Rules / Guidelines

The following guidelines are in place for ATA-Xtreme competition (Forms & Weapons):

- At least 50% of the form must be original material.
- The form must be no longer than 2 minutes from bow in to finish.
- The Center Judge will formally bow in the competitor. After the bow in the Center will announce, “Your Time Begins Now”.
- The scorekeeper will use a stop watch and inform the Center when 2 minutes have expired.
- Any competitor that performs more than 2 minutes will be disqualified.
- If there is a music malfunction the Center must use their best judgment as to time adjustment.
- All 3 Judges will score the entire form.
- Judging Criteria: Creativity, Difficulty, Presentation, Attitude and Precision are the basis for judging. These should all be considered, but not weighted in any particular order.
- Music is allowed but not mandatory. If music is used, a competitor who performs “in time” with the music may receive a higher score.
- All ATA-Xtreme Forms for competitors must include **EITHER**:
  - 1 or more 540<sup>0</sup> turn in the air (completed in the air) with a kicking technique (kick must be completed in the air)
- **OR**
  - 1 or more movement where the head is below the waist line (example Cartwheel, round-off, etc)
  - These moves must happen within the actual performance after the time has officially started.
- Any performance that does not include the required moves will be **disqualified**.
  - A disqualified competitor is told the following “  
“Thank you for your performance today, but because you did not do the required moves, we cannot give you a score today”
- Chinese Wushu Butterfly kicks are allowed
- Competitors may not remove any part of their clothing during performance.
- All music must be approved by the student’s instructor.
- Student must also compete in the corresponding traditional event.
- Student must wear traditional Dobok or ATA-Xtreme uniform only (See pages 13 & 15 for uniform regulations).
- **Disqualified Junior** competitors will still receive a competitor’s trophy

- The forms or weapons performance will be scored using the same process and point range as the ATA Traditional Forms and Traditional Weapons competition **except that all three judges will judge the overall presentation rather than specific parts.**
- Music is allowed for both the ATA-Xtreme Form and ATA-Xtreme Weapons competition but both the equipment to play the music and the music itself must be supplied by the competitor along with someone at ringside to start and stop the music as well as control the volume.

### **ATA-XTREME WEAPONS ADDITIONAL RULES**

- Releases of the weapon are allowed in ATA-Xtreme competition.
- Control of Weapon is added to the Judging Criteria.
- Dropping the weapon will result in a two (2) tenth of a point deduction;
  - A weapon that is retrieved must be picked up using some type of “Xtreme” move. If this does not happen, an additional one (1) tenth of a point will be deducted. Even a traditional weapons pick-up would incur the 1 tenth point deduction.
  - If competitor drops weapon a second time all three judges will give a score of 9.0 and consider it an incomplete form.
- If there are mandatory deductions then the center will explain them to the corner judges before scores are given.
- If competitor is disqualified no score will be given.
- Color Belts can use ATA Protech Safety Weapons only. No XMA or ATA-Xtreme branded weapons are allowed in color belt competition with the exception of the Jahng Bong.
- A competitor who is 60” or taller must use an adult size weapon
- Weapons may be decorated but not altered.
- Black Belts may use any weapon in the Protech curriculum. They may use XMA or ATA-Xtreme branded weapons.
- Competitors may not use double swords or single Ssahng Nat, nor may they combine any weapon types (example: they cannot use one Bahng Mahng Ee and one Ssahng Nat)

### **Approved ATA-Xtreme Weapons:**

The following rules apply to ATA-Xtreme Weapons:

#### **Color Belts**

- The same weapons rules apply as in Traditional Weapons Competition (see page 43).
  - The same selection of weapons applies - NO others are added.
  - The same style of weapons applies – NO exceptions, modifications or additions.
- Xtreme Competition Weapons **MAY** be decorated.
- Xtreme Competition Weapons **MUST NOT** be altered in shape or size.

#### **Black Belts**

- **MUST** use a weapon from within the entire “Protech” curriculum (see page 45 of Protech Rules). NO other weapons are added for ATA-Xtreme competition.
- Black belts of all ages **MAY** use the ATA-Xtreme competition weapons or XMA branded weapons.

**Note:** The “XMA” branded Xtreme competition sword has the logo on the scabbard and an “X” shaped hand guard

- Black belts may perform with any “Protech” version or “Protech” approved weapon.
- Xtreme Competition Weapons **MAY** be decorated. If in the opinion of the Regional Chief of Tournaments (or his/her assigns) the decorations alter the weapon, the weapon will not be allowed to be used in competition. The RCT decision is final.
- Xtreme Competition Weapons **MUST NOT** be altered in shape or size

**SPECIAL NOTE:** School owners and Instructors should listen to and approve all music including the appropriateness of the lyrics prior to the competitor using it during competition. Special attention should also be paid to the attitude of the competitor during ATA-Xtreme competition. Rudeness or inappropriate behavior during any competition will not be tolerated.

### **ATA-Xtreme Divisions**

Divisions are based on gender, age of the competitors, and rank. At the conclusion of each tournament season, the International Chairman of Tournaments will evaluate the number of competitors in each division and determine if any changes are to be made for subsequent tournament seasons. Divisions change as the organization grows and more students in different age and rank groups compete.

The current divisions are either Black Belt or Color Belt, and they are further divided by age. The age divisions are as follows:

<b>BOYS</b>	<b>GIRLS</b>
8 years old & under	8 years old & under
9 to 12 years old	9 to 12 years old
13 to 16 years old	13 to 16 years old
<b>MEN</b>	<b>WOMEN</b>
17 to 29 years old	17 to 29 years old
30 to 45 years old	30 to 45 years old
46 years old & over	46 years old & over

Divisions at National and World events will reflect these age groups. Regional events may combine divisions (color belts or black belt divisions) to provide competition opportunities. In ATA-Xtreme Divisions at Regional Events, the RCT can combine Male and Female Divisions of the same age group to create a full division. A combined division will not be separated for points at the conclusion of the event. Age groups will not be combined.

# ATA CREATIVE COMPETITION RULES / GUIDELINES

Since its inception in 2009, ATA Creative Form and ATA Creative Weapons competitions are a “Free Style” performance that allows the mix of traditional and contemporary martial arts techniques. These may be added to a traditional form, or the form may be devised in its entirety by the competitor.

## Eligibility Requirements:

In addition to the regular eligibility requirements listed on page 17, **in order to compete in any ATA Creative competition, the competitor must also compete in the traditional event that correlates to the ATA Creative event in which they wish to compete.**

**EXAMPLE:** If a competitor wishes to compete in ATA Creative Forms, the competitor must also compete in Traditional Forms that day. The same would apply for ATA Creative Weapons competition.

## General Rules / Guidelines

The following guidelines are in place for ATA-Creative competition (Forms & Weapons):

- At least 50% of the form must be original material.
- The form must be no longer than 2 minutes from bow in to finish.
- The Center Judge will formally bow in the competitor. After the bow in the Center will announce, “Your Time Begins Now!”.
- Score keeper will use a stop watch and inform the Center when 2 minutes have expired.
- Any competitor that performs over 2 minutes will be disqualified.
- If there is a music malfunction the Center must use their best judgment to adjust time.
- All 3 Judges will score the entire form.
- Judging Criteria: Creativity, Difficulty, Presentation, Attitude and Precision are the basis for judging. These should all be considered, but not weighted in any particular order.
- Music is allowed but not mandatory. If music is used, a competitor who performs “in time” with the music may receive a higher score.
- All Creative Forms may include **only one** each of the following techniques:
  - Kip-Up
  - Either a shoulder roll **or** a forward **or** backward roll. (only 1 out of the 3 possible rolls)
  - Either a center **or** a side split. (only 1 out of the possible 2 types of splits)
- Multiple traditional butterfly kicks are allowed
  - Multiple spinning kicks are allowed
- The following Techniques are **not allowed**:
  - No movements with greater than 360 degree turn or twist in the air
  - No Chinese Wushu Butterfly Kicks or Butterfly kicks with twists
  - No intended movements where head is below the waist (leaning to kick high is acceptable).
- Any performance that includes a technique that is not allowed will result in **disqualification**.
  - A disqualified competitor is told the following:  
“Thank you for your performance today, but because you did \_\_\_\_\_, we cannot give you a score today.”
- Competitors may not remove any part of their clothing during performance.
- All music must be approved by the student’s instructor.
- Student must also compete in the corresponding traditional event that day.
- Student may wear traditional white dobok or the new ATA Creative Traditional Black Uniform only. They may not wear the sleeveless ATA-Xtreme uniform.
- Disqualified Junior competitors will still receive a competitors trophy.

## **ATA CREATIVE WEAPONS ADDITIONAL RULES**

- Weapons Releases are not allowed but weapon rolls where the weapon remains in contact with the body are allowed. For clarification, it is also considered a release if a competitor drops the weapon and catches it before it hits the ground.
- Control of Weapon is added to the Judging Criteria.
- Dropping the weapon will result in a 2 tenth of a point deduction from all three judges.
- To retrieve a dropped weapon, the traditional weapon pick up is the only option. Meaning that they must go to one knee and pick up weapon correctly. Failure to pick up the weapon correctly will result in an additional one tenth of a point deduction from all three judges
- If competitor drops weapon a second time all three judges will give a score of 9.0 and consider it an incomplete form.
- If there are mandatory deductions, the center will explain them to the corner judges before scores are given.
- If competitor is disqualified then no score will be given.
- Color Belts **MUST** use ATA Protech Safety Weapons only. XMA or ATA-Xtreme branded weapons are not allowed.
- Students who are 60” or taller must use adult weapon lengths.
- Weapons may be decorated but not altered.
- Black Belts may use any weapon in the Protech curriculum. They may use XMA or ATA-Xtreme branded weapons.
- Competitors may not use double swords or single Ssahng Nat, nor may they combine any weapon types (example: they cannot use one Bahng Mahng Ee and one Ssahng Nat)

### **Approved ATA Creative Weapons:**

The following rules apply to ATA-Creative Weapons:

#### **Color Belts**

- The same weapons rules apply as in Traditional Weapons Competition (see page 43).
  - The same selection of weapons applies – NO others are added.
  - The same style of weapons applies – NO exceptions, modifications or additions.
- ATA-Creative Competition Weapons MAY be decorated.
- ATA-Creative Competition Weapons MUST NOT be altered in shape or size.

#### **Black Belts**

- MUST use a weapon from within the entire “Protech” curriculum (see page 45). NO other weapons are added for ATA-Creative competition.
- Black belts of all ages MAY use the ATA-Xtreme competition weapons or XMA branded weapons.

**Note:** The “XMA” branded Xtreme competition sword has the logo on the scabbard and an “X” shaped hand guard

- Black belts may perform with any “Protech” version or “Protech” approved weapon
- ATA-Creative Competition Weapons MAY be decorated. If in the opinion of the Regional Chief of Tournaments (or his/her assigns) the decorations alter the weapon, the weapon will not be allowed to be used in competition. The RCT decision is final.
- ATA-Creative Competition Weapons MUST NOT be altered in shape or size

**SPECIAL NOTE:** School owners and Instructors should listen to and approve all music including the appropriateness of the lyrics prior to the competitor using it during competition. Special attention should

also be paid to the attitude of the competitor during ATA-Xtreme competition. Rudeness or inappropriate behavior during any competition will not be tolerated.

### **ATA Creative Divisions**

Divisions are based on gender, age of the competitors, and rank. At the conclusion of each tournament season, the International Chairman of Tournaments will evaluate the number of competitors in each division and determine if any changes are to be made for subsequent tournament seasons. Divisions change as the organization grows and more students in different age and rank groups compete.

The current divisions are either Black Belt or Color Belt, and they are further divided by age. The age divisions are as follows:

<b>BOYS</b>	<b>GIRLS</b>
8 years old & under	8 years old & under
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46 years old & over	46 years old & over

Divisions at National and World events will reflect these age groups. Regional events may combine divisions (color belts or black belt divisions) to provide competition opportunities. In ATA-Creative Divisions at Regional Events, the RCT can combine Male and Female Divisions of the same age group to create a full division. A combined division will not be separated for points at the conclusion of the event. Age groups will not be combined, nor will Black Belts and Color Belts be combined.

# COMBAT WEAPONS SPARRING

## Introduction

Every program sponsored by the ATA is a constantly evolving process. They grow, change and adapt to the uses of our organization. For this reason, Grand Master Soon Ho Lee has approved the development of Combat Weapons Sparring as the newest competitive event in our tournament arsenal. This event is meant to be one that is an extension of the traditional weapons through practical applications. For the 2010 -2011 tournament season and beyond, this event will be a Top Ten event for certain levels of competition and as an exhibition event for others.

## GENERAL RULES / GUIDELINES

### Eligibility Requirements

Combat Weapons Sparring will be offered at all regional and national events to those competitors who meet the following requirements. The competitor must:

- Be a 1<sup>st</sup> Degree or above black belt
- Be 17 years of age or older (age 13-16 1<sup>st</sup> – 3<sup>rd</sup> Degrees may compete as an exhibition event in 2010-1011)
- Be a member in good standing of an ATA, WTTU or STF licensed school.
- Have his/her instructors permission
- Register for the competition and pay the \$25 entry fee. There are no discounts for combat weapons sparring competitions.

### Equipment

Weapon:

- The Combat Bahng Mahng Ee, which is available through World Martial Arts, is currently the only combat sparring weapon approved for competition. This weapon is the thick padded blue weapon. It differs greatly from the Protech Traditional safety Bahng Mahng Ee in both weight and dimensions. They may be purchased through one's individual school.

Full Sparring Gear

- Head Gear – Must be black ATA approved
- Face Shield
- Chest Protector – Must be black or gray ATA approved
- Hand Pads (either traditional sparring had pads or MMA hand pads may be used)
- Mouth Piece
- Black Foot pads or martial arts kicking shoes

Optional equipment includes:

- Forearm Pads
- Knee Pad
- Shin Pads

## **Basic Guidelines**

- Prior to sparring competition, it is the responsibility of the Center Judge to verify that all competitors are using all of the mandatory safety gear and that all such gear is ATA approved as well as an approved Protech combat sparring weapon.
- Using the ATA Bye system, the Center judge will call up the competitors in pairs until first place can be determined.
- Each combat weapons sparring match will last a maximum of 2 minutes unless:
  - There is a tie at the end of regulation time.
  - One competitor reaches 10 points before the time limit has expired.
- Unless a disqualification is declared, the competitor who scores the greater number of points at the end of regulation time will be declared the winner.
- At the end of two minutes, ties will be resolved by “sudden victory”.

## **Legal Target Areas**

Points in a combat weapons sparring competition are scored by striking or stabbing with the weapon to a legal target area using one of the combat weapons sparring techniques or by causing one’s opponent to drop his/her weapon. The following guidelines apply:

- The entire body is a legal target area with the following exceptions:
  - Groin
  - Stab to the eyes
  - Any neck area not covered by head gear.
- The Strike or Stab must be considered a “solid” technique by the judges

## **Points**

Strikes with the weapon to a legal contact area will result in the following points **with a maximum of 4 points given at any one time:**

- 1 point will be awarded for a strike or stab to a body legal target area (head strikes have a different value)
- 2 points will be awarded for a legal strike to the head, weapon-holding arm, or stab to the front leg
- 2 points will be awarded for a jump strike or jump stab to a body legal target area (jump and strike = add a point)
- 3 points will be awarded for a jump strike to the head or striking weapon arm (jump and strike = add a point)

## **Warnings and Penalty Points**

As in traditional sparring, there are contact and non-contact warnings in combat weapons sparring.

A verbal warning will be given for any of the following **non-contact** illegal actions with a penalty point awarded for a 2<sup>nd</sup> offense and disqualification for a 3<sup>rd</sup> offense:

- Striking toward an illegal target such as:
  - Any area of the neck not covered by head gear (face shield is considered part of the head gear)
  - Stab to the face shield
  - Striking toward the groin area or eyes
- Using the handle end of the weapon to strike one’s opponent (butt strike)

**One (1) penalty point** will be awarded for the 1<sup>st</sup> or 2<sup>nd</sup> offense for **contact** to one of the above illegal target areas with a disqualification for the 3<sup>rd</sup> such offense.

**Two (2) penalty points** will be awarded the opponent if a competitor drops his/her weapon for any reason.

The following excessive techniques will result in one (1) penalty point being awarded for the 1<sup>st</sup> offense and disqualification on the 2<sup>nd</sup> offense.

- Take Downs of any kind
- Kicking or Punching
- Throwing and/or Grabbing one's opponent

**Example 1:** **Competitor A** jump strikes **Competitor B** on the top of the head with a combat weapon sparring technique. During the attempt to evade, **Competitor B** drops his weapon. **Competitor A** would receive 3 points for the jump strike to the head, but only 1 additional point for the dropped weapon because the maximum points one can receive at any one time is 4.

**Example 2:** **Competitor A** strikes **Competitor B** on the weapon-holding arm with a combat weapon sparring technique. As a result of the strike **Competitor B** drops his weapon. **Competitor A** would receive 2 points a strike to the weapon-holding arm and an additional two (2) points for the disarm. This would result in a total of 4 points.

# **TINY TIGER TOURNAMENT PARTICIPATION FORMAT**

## **Establishing Our Goal**

The overall goal of encouraging “Tiny Tigers” to participate in the Songahm Taekwondo tournament process is to provide them with an “INTRODUCTION TO COMPETITION”.

Children in the age group of our “Tiny Tigers” may not be mature enough to understand “winning” and “losing” as in traditional competition. They do, however, recognize the difference between not getting a “prize” when someone else does and “how come his prize is bigger than mine?” Trying to answer these questions can be a real hardship on parents and instructors. By handling “Tiny Tiger” divisions as an “INTRODUCTION TO COMPETITION”, we insure that there will not be any “losers”, only “winners”. All children will be rewarded for what is important, their participation and effort.

A key element to this “INTRODUCTION TO COMPETITION” is that it should be FUN!

We all know how difficult it can be to perform in front of large crowds, in strange places, performing material with which we are not confident. This is even more frightening for “Tiny Tigers”. We want them to learn that they do not have to be afraid and that participating can be fun and rewarding. Trying their best is what is most important. Our goal is to give them that opportunity and reward them for trying.

## **Tiny Tiger Age and Rank Guidelines**

The recommended ages for Tigers are from 3 to 6 years old. Some schools offer Tiger lessons to 2 year olds and continue them as Tigers even after the age of 7. If a Student trains as a Tiny Tiger in their school, then they will be allowed to participate in the Tiger Division of an ATA tournament. Likewise, if a child is within this age range and is training as a “Karate Kid” rather than a “Tiny Tiger,” then they should participate in the “Karate Kid” divisions. The student’s Instructor will determine in which division the child should participate. Every case needs to be handled on an individual basis, with special consideration given to children that have learning disabilities. The instructor should indicate on the tournament registration card the appropriate belt group and form in which the child will participate.

## **Tiny Tiger Division Breakdowns**

The following are guidelines for Tiny Tiger divisions:

- It is required that a “Tiny Tiger” division be limited to no more than 8 participants. Tiger participants have a limited amount of patience. Having a division larger than eight may cause a problem in keeping the kids attentive. Also, trying to control more than eight “Tiny Tigers” in such a strange atmosphere (for them) can be difficult.
- It is permissible to have divisions smaller than eight, but do not have more than eight.
- The RCT or his/her assign will make every effort to keep Tiger white belts in a separate division from orange and yellow belts. This is sometimes not possible.
- It is recommended, but not required that no more than two rank groups be combined (except in the case of the brown, red, and red/black ranks).

## **Tiny Tiger Ring Staff**

Due to the fact that “Tiny Tigers” do not actually compete, the ring staff can be different from the normal tournament guidelines. Only one judge and one helper are required in each ring.

- Every effort will be made to ensure that the judge be someone who loves working with “Tiny Tigers” and has experience doing so.

- The helper will be a leader through forms and one-steps. These leaders will be available if the child needs help with any of the material they are performing. These helpers know the material for which they are providing help.
- The helper may be a Junior Leader or younger Trainee Instructor or specially trained color belt that knows the material.
- The helper will “keep an eye” on the child they are helping so they don’t go too fast or too slow.
- Leaders will only be used for those “Tiny Tigers” that have indicated they need help on their registration card or if a Tiger gets stuck during the demonstration of their form.
- Leaders will perform each form and/ or one-step in such a manner that the Tiger will be able to follow along with the helper.
- The leader may also verbally lead the student. They should use the proper names for each technique and include a descriptive term that will remind the child how to do the technique.

Examples and recommendations for this include but are not limited to the following:

- “Strong High Block” (using the word “Strong” for all blocks)
- “Fast Knife-Hand Strike” (using the word “Fast” for all strikes)
- “High Round Kick” (using the word “High” for all kicks)

### **Tiny Tiger Traditional Form / Traditional One-Step Knowledge**

The decision of what material the “Tiny Tigers” will participate with will be left up to their Instructor and should be indicated on their registration card. The registration card will indicate which form, and the proper one-step to be performed. Here are the form breakdowns:

			<u>1st half</u>	<u>2nd half</u>
White Belt	-	Songahm #1	1 - 9	10 - 18
Orange Belt	-	Songahm #2	1 - 12	13 - 23
Yellow Belt	-	Songahm #3	1 - 14	15 - 28
Camo Belt	-	Songahm #4	1 - 16	17 - 31
Green Belt	-	Songahm #5	1 - 17	18 - 34
Purple Belt	-	In Wha #1	1 - 25	26 - 44
Blue Belt	-	In Wha #2	1 - 22	23 - 42
Brown Belt	-	Choong Jung #1	1 - 22	23 - 44
Red Belt	-	Choong Jung #2	1 - 23	24 - 46
Red/Black Belt	-	Choong #2	1 - 23	24 - 46

Many of the white, orange and yellow belts only learn one one-step, so the existing rule of having to do two different one-steps will be adjusted for the “Tiny Tigers”. Depending on what rank the “Tiny Tigers” are, they may have learned #1 one-step only or both #1 and #2 one-steps. The one-steps the “Tiny Tigers” will compete with is decided by their Instructor.

**\*\*\*\*\*Special Note 12\*\*\*\*** Remember that this is an “INTRODUCTION TO COMPETITION”, not actual competition, so the amount of knowledge is not used as a measuring stick as much for these kids as it is for older divisions.

While performing one-steps, two (2) tigers will be called up at a time, but the “Tiny Tigers” will NOT face each other, they will face the front of the ring and the judge. The judge will direct and/or help each “Tiny Tiger” to do his/her one-step. Judges will not award points, but will comment positively about the effort and techniques demonstrated. The leaders will also be available to help any “Tiny Tiger” as mentioned earlier.

## **Tiny Tiger Judging Criteria / Scoring Format**

Since this is considered an “INTRODUCTION TO COMPETITION”, scoring for forms, one-steps, and sparring will be totally different from other divisions. In Tiger rings, male and female competitors may be in the same ring. This includes sparring. Judging of Tigers will be as follows:

- A “Tiny Tiger” will not receive a numerical score. Instead the judge will make a positive comment about the performance of the student. The “Tiger” judge may use such comments as, “Super Power Billy” or “Awesome Side Kicks Suzie.” The important aspect is that the “Tiny Tiger” performed in a new and different surrounding. The object is to make the Tiger feel very positive about the experience.
- The same type of procedure will be used for one-steps. Each “Tiny Tiger” will do his/her one-step(s) per the usual format, but rather than awarding a point, the “Tiger” judge will make a positive comment to each tiger when a break is called.
- Each “Tiny Tiger” will do 2 rounds of one-steps or free-sparring.
- For free-sparring, each “Tiny Tiger” will get to spar twice for one minute each time.
- Points will not be issued in the usual manner. Instead, when the “Tiger” judge sees something special to comment on, he/she should stop the action as if they had seen a point and make a positive comment about the move. Examples of such comments are; “Excellent block on that round kick, Tommy” or “Lightning fast punch, Joey”.
- In Free-sparring, if there is an odd number of “Tiny Tigers,” one of them will do three rounds (the “Tiger” judge should pick a good positive reason for having that “Tiny Tiger” perform an additional time).
- Free-sparring rounds for tigers will be 1 minute each.
- The “Tiger” judge will always be looking for something positive to comment on.

## **Categories of Tiny Tiger Awards**

Once the forms and one-steps (or free-sparring) have been completed, the “Tiger” judge will decide on which “Tiny Tiger” will receive an award in each of the following suggested categories:

GREAT KICKS  
SHARP HANDS  
SUPER SPORTSMANSHIP  
LOUD YELLS  
BOARD BREAKING POWER  
AWESOME BLACK BELT ATTITUDE  
PAYING ATTENTION  
FOLLOWING DIRECTIONS

A separate set of awards are given to those Tigers who compete in Traditional Weapons, ATA-Xtreme Forms, ATA-Xtreme Weapons, Creative Forms or Creative Weapons competitions. The categories will be very similar to the categories for forms and sparring. The following are suggested categories:

GREAT WEAPONS CONTROL  
AWESOME ANGLE STRIKES  
BLACK BELT WEAPON DEMONSTRATION  
POWERFUL WEAPON HANDLING  
BEST PROTECH ATTITUDE  
MOST CREATIVE  
BEST ATA SPIRIT

OR

AWESOME TIMING  
BEST ATA-XTREME ATTITUDE  
MOST CREATIVE ATA-XTREME FORM

Regions may decide to change these categories at their discretion, but it should be done with the input of those Instructors that work with “Tiny Tigers.” Each “Tiny Tiger” will receive at least one award. This procedure will reinforce the concept “Every Kid Is a Winner”; and “Every Kid Is Special”.

### **Final Remarks Regarding Tiny Tiger Competitions**

As one may have noticed, the term competitor was not used in this section, but rather participant. Remember that the overall goal of this program is to offer “Tiny Tigers” an “INTRODUCTION TO COMPETITION”. There are many benefits to be gained from “Tiny Tigers” being part of our schools/clubs. Children can learn many valuable lessons at this very early age. Discipline, respect, courtesy, self-confidence, values and better grades are just a few.

# **SPECIAL ABILITIES COMPETITION GUIDELINES**

## **Introduction**

Since the time when Eternal Grandmaster Lee formed the Special Ability divisions for tournament competition and afforded them the opportunity to earn the title of World Champion, the intent has always been to offer safe and fair competition for those who were unable to compete with others of their age, gender, and rank.

The tournament Department has faced the dilemma of determining who can fairly compete in the Special Ability divisions at regional, national, and world tournaments and accumulate points for the Special Ability State and World Champion divisions. The following information should answer many questions or lead one to the person (or people) who can.

The last few years of competition has seen a significant growth not only in the number of Special Abilities competitors, but also in the involvement of Instructors, parents, and interested members. We are very pleased to have so many involved with actual participation, support, and input. This facet of the ATA membership cannot grow and succeed through the efforts of just a few; it takes everyone.

## **Special Abilities Competitor Eligibility**

Those eligible to compete in the Special Ability divisions must have either a (an):

- **PERMANENT PHYSICAL LIMITATION**
- or
- **IMPAIRED MENTAL ACUITY**

## **Definitions of Permanent Physical Limitations / Impaired Mental Acuity**

### **Permanent Physical Limitation:**

This permanent physical limitation would put the competitor at an extreme disadvantage against non-physically challenged peers.

Examples of a permanent physical limitation would be (but not limited to) if the competitor:

- Has a bone, muscle, or nerve disorder that severely limits the physical mobility of the competitor (i.e., no arms, no leg(s))
- has an artificial leg(s)
- is forced to use a wheelchair or other device to maintain mobility
- is blind

Examples of physical limitations **not eligible** would be (but not limited to) if the competitor:

- muscle pulls, strains, or tears, recovering from a surgery or procedure that temporarily limits the physical mobility
- has an artificial arm or absence of an arm
- is hearing impaired
- has a seizure disorder
- minor arthritic conditions, or joint replacement

## **Impaired Mental Acuity**

By impaired mental acuity, the intent is that the competitor is at an extreme disadvantage against non-challenged peers due to the inability to comprehend all aspects of the competition. Examples of impaired mental acuity would include (but not be limited to):

- Cognitively disabled (impaired ability to function independently)
- Autism
- Down syndrome.

Examples of conditions **not eligible** would include learning disabilities. These disabilities include but are not limited to:

- Dyslexia
- Attention Deficit Disorder (ADD)
- Attention Deficit/Hyperactive Disorder (ADHD)

## **Special Abilities Eligibility Procedures**

Any competitor wishing to compete in the Special Abilities division must be approved by the Special Abilities Eligibility Committee. The committee is a multidisciplinary group made up of medical and psycho-social professionals that reviews each application and the supporting information provided to ensure that competitors are appropriate for the division. The director of this committee is appointed by the International Chairman of Tournaments. The current director of this committee is Ms. Susan Winter.

To help with the “checks and balances” of this arena, the following is required to be done for any competitor to enter into a Special Abilities division:

- Download the Special Abilities application from [ATAonline.com](http://ATAonline.com)
- Complete the application and email along with any support information to:  
[susan.winter@ata-owner.com](mailto:susan.winter@ata-owner.com)
- If one is unable to email the application, it may be faxed to 609-430-2893
- The committee will review the application and support information and render a decision. If additional information is required the applicant’s instructor will be contacted.
- The applicant will receive the committee determination in writing.
- An approval does not have to be renewed each year; however all parties involved should remember that there are times when individuals, especially younger competitors, will outgrow their need to be in the special abilities division.

**Any Top Ten points awarded to someone who is inappropriately in the Special Abilities division will be forfeited.**

Please remember, the intent of these divisions is to afford those who have a significant and understandable reason to compete in them and the ability to earn the self-respect and self-esteem they could not have previously earned. The goal is that the competition be fair and safe.

## **Special Abilities Divisions**

There are separate divisions for those with cognitive challenges and for those with physical challenges. These divisions are for each gender and age group.

To determine which division a member should compete in, the competitor’s diagnosis that requires the most adaptation for daily life will be considered.

**EXAMPLE:** A competitor has been diagnosed as autistic, but because of that autism, the competitor has become physically challenged, the competitor will be included in the cognitive division. The assignment of proper division will be done by the eligibility committee on a case-by-case basis with the necessary input from the competitor, parent or guardian, Instructor, and doctor where needed.

In the Special Abilities divisions, the Junior and Adult divisions are divided by age and whether the student is a Black Belt or Color Belt. These divisions are different from the regular ATA competitor divisions because of the limited number of participants.

The following Special Abilities divisions will be at all ATA sanctioned events:

<u>Cognitively Challenged</u>	<u>Physically Challenged</u>
Boys - 12 & Under 13 to 16	Boys - 12 & Under 13 to 16
Girls - 12 & Under 13 to 16	Girls - 12 & Under 13 to 16
Men - 17 to 29 30 & Over	Men - 17 to 29 30 & Over
Women - 17 to 29 30 & Over	Women - 17 to 29 30 & Over

## **SPECIAL ABILITIES RULE ADJUSTMENTS**

### **Traditional Form / Traditional Weapons Competition**

Traditional Form and Traditional Weapons competition for the Special Ability Divisions will be run the same as other divisions with one exception; all the judges will watch the entire form quality and the intent of the technique rather than the original assignments. The logic behind this rule is as follows:

- There are competitors that cannot perform kicks and stances; therefore it is not reasonable to expect a judge that is assigned to judge kicks and stances to give a fair score.
- There are competitors that cannot perform hand techniques; therefore it is not reasonable to expect a judge that is assigned to judge blocks and strikes to give a fair score.
- By allowing the judges to evaluate all aspects of the form and weapon performance the judges, while taking into consideration the intent of the technique shown and what they are capable of doing, can fairly judge and score the competition.

### **Traditional Point Sparring Competition**

Sparring competition for the Special Ability Divisions will run the same as other divisions with one exception; ***all scoring techniques will be awarded one point.*** The logic behind this rule is as follows:

- A person confined to a wheel chair would never have the opportunity to score a two or three point technique.
- It would give an unfair advantage for a standing competitor to be able to score a two or three point technique to a seated opponent.
- The variety of the competitors' individual mobility to evade a two or three point technique could also put a competitor at an unfair disadvantage.

This is not meant to discourage competitors that are capable from using any kind of head level or jumping type kicks. They are still allowed and encouraged. They simply will only be awarded one point. All legal techniques and legal target areas remain the same.

# WORLD CHAMPION PROGRAM

## General Information

The World Champion Program tournament season runs from World Championships (usually in June) through April 30 of the next calendar year. Due to the time needed to finalize the Top Ten standings, tournaments are not sanctioned for the time period between April 30 and the World Championships (some exceptions have been made). Only tournaments that are sanctioned by the ATA International Headquarters qualify to have black belts earn Top Ten points. Only Black Belt students who are members in good standing may earn points in the Top Ten (please refer to page 16 for definition and other requirements).

During the tournament season, the ATA Tournament Department will collect the results of all Black Belt divisions at sanctioned tournaments. The students who placed in black belt divisions will receive Top Ten points according to their placing. These points are awarded in all Traditional Form, Traditional Point Sparring, Traditional Weapons, ATA-Xtreme Form, ATA-Xtreme Weapons, Creative Form, Creative Weapons, and Combat Sparring competitions. These points are totaled at the end of the year and those ten competitors in each division with the most points will earn a spot in the Top Ten.

Tournaments are identified by different class distinctions. Each class has different criteria that must be met and offers a different point structure. Below is a listing of the different tournament classes, the necessary criteria, and the points awarded:

### “Class C” Tournaments

“Class C” tournaments are to be “inner-school” events. That means that only members of schools or clubs owned by the same owner (meaning their name is included on the license of the school or club on record with the School Operations Department of the ATA International Headquarters) can participate. If members of other schools or clubs compete in these events, the results may become null and void and any possible points earned may not be awarded.

The “Class C” event must be sanctioned with the Tournament Department of the ATA International Headquarters at least 30 days in advance of the event. Only 1 Class “C” tournament may be hosted by a school owner during any 30 day period. These events must not conflict with other regional (in the school owner’s region), national, or international events and will not be officially sanctioned if the dates do conflict.

The points awarded for a “Class C” tournament for the purpose of State or World Champion placement are as follows:

For all divisions of 5 competitors or more:

1st place - 3 points  
2nd place - 2 points  
3rd place - 1 point

If the division has fewer than 5 competitors:

	<u>4 competitors</u>	<u>3 competitors</u>	<u>2 competitors</u>	<u>1 competitor</u>
1st place	2 points	0 points	0 points	0 points
2nd place	1 point	0 points	0 points	
3rd place	0 points	0 point		

There will be NO points awarded for divisions with fewer than 4 competitors. The creation of divisions is solely in the hands of the school/club owner. They are not bound by any of the same rules governing the other classes of tournaments. ***Color belts and black belts may be combined to achieve a full division.***

To prevent abuse of the system (this limit applies only to “Class C” tournaments), there is a four event limit per tournament year that an owner can host and that a student can earn points in towards World or State Champion standings. These four “Class C” tournaments will count in addition to the current number of events allowed towards either “Champion” group. To provide another safeguard against a competitor winning a title with only “Class C” tournament points, a limit of 50% of a competitor’s point total can come from “Class C” events.

**EXAMPLE:** The most points a competitor can earn from “Class C” tournaments are 12 (4 tournaments times 3 points for first place). To be able to apply all 12 points to their total, they would need to have at least 12 points come from higher class level tournaments.

\*\*\*\*As a point to remember, if a competitor places at “Class C” tournaments first, their points will not be reflected in the standings until they place at a higher class level tournament and meet the 50% rule.

*The School Owner has 10 business days from the completion of the tournament to submit the results to Headquarters. Failure to do so will result in fines and possible forfeiture of points for the students who participated.*

**“Class B” Tournaments**

Regional events that have been approved by the school/club owner’s region and sanctioned by the Tournament Department of the ATA International Headquarters are considered “Class B” tournaments.

The points awarded for a “Class B” tournament are as follows:

For all divisions of 5 competitors or more:

- 1st place - 5 points
- 2nd place - 3 points
- 3rd place - 1 point

For all divisions that have fewer than 5 competitors:

	<u>4 competitors</u>	<u>3 competitors</u>	<u>2 competitors</u>	<u>1competitors</u>
1st place	4 points	3 points	3 points	3 points
2nd place	3 points	2 points	2 points	
3rd place	1 point	1 point		

**“Class A” Tournaments**

“Class A” tournaments are regional events that have been approved by the school/club owner’s region and sanctioned by the Tournament Department of the ATA International Headquarters. In order for a tournament to be eligible for the “Class A” ranking, the history of the previous events hosted by the same school/club owner is reviewed.

Because of the larger size of the event and the potential for more competitors in each division, the points awarded are increased from that of a “Class B” event. The points awarded for a “Class A” tournament are as follows:

For all divisions of 5 competitors or more:

- 1st place - 8 points
- 2nd place - 5 points
- 3rd place - 2 points

For all divisions that have fewer than 5 competitors:

	<u>4 competitors</u>	<u>3 competitors</u>	<u>2 competitors</u>	<u>1 competitor</u>
1st place	6 points	3 points	3 points	3 points
2nd place	3 points	2 points	2 points	
3rd place	2 points	1 point		

### **“Class AA” Tournaments**

“Class AA” tournaments are the two National events for all students, and the Black Belt Only National hosted by the Grand Master of Songahm Taekwondo and the ATA International Headquarters. The number of these events may change in the future as may the locations. Due to the size of these events, the points awarded are double that of a “Class B” event.

The points awarded for a “Class AA” tournament are as follows:

For all divisions of 5 competitors or more:

1st place	10 points
2nd place	6 points
3rd place	2 points

For all divisions that have fewer than 5 competitors:

	<u>4 competitors</u>	<u>3 competitors</u>	<u>2 competitors</u>	<u>1 competitor</u>
1st place	8 points	6 points	6 points	6 points
2nd place	6 points	4 points	4 points	
3rd place	2 points	2 points		

### **“Class AAA” Tournaments**

There is only one “Class AAA” tournament each year. This is hosted by the Grand Master of Songahm Taekwondo and the ATA International Headquarters. It is typically called the Songahm Taekwondo World Championships and usually has competitors from all over the world from the ATA, STF, WTTU, and KTC. Due to the size of this event, the points awarded to those who register are triple that of a “Class B” event.

The points awarded for a “Class AAA” tournament are as follows:

For all divisions of 5 competitors or more:

1st place	15 points
2nd place	9 points
3rd place	3 points

For all divisions that have fewer than 5 competitors:

	<u>4 competitors</u>	<u>3 competitors</u>	<u>2 competitors</u>	<u>1 competitor</u>
1st place	12 points	9 points	9 points	9 points
2nd place	9 points	6 points	6 points	
3rd place	3 points	3 points		

### **World Champion Standings – Maximum Points**

To create the standings, points for the World Champion Program will only be taken from World Championships, Two national tournament (the best two of the three national events will be used if all three were attended), five regional tournaments (the best five will be used if more were attended) and up to four “Class C” events (please refer to pages 64 - 65 for restrictions on “Class C” points).

The highest point accumulation available for the tournament season for “Top Ten” World Champion would be 87 points in any of the competition divisions; 15 from World Championships (first place finish - triple “Class B” points), 20 from two national tournament (first place finish in both events- double “Class B” points), 40 from five regional tournaments (first place finishes in all five tournaments if they are all “Class A” events), and 12 from four “Class C” events.

Starting with the 1999 Songahm Taekwondo World Millennium Expo, competitors from the STF (Songahm Taekwondo Federation) and the WTTU (World Traditional Taekwondo Union) were included in the finals to determine the World Champions for each division. Those competitor’s names are provided to the Tournament Department at the end of the tournament year, and will not be posted with the Top Ten standings. These names are added into the list of names from the Top Ten within the United States and Canada. The result is that potentially there will be more than 10 competitors vying for the title of World Champion.

To determine the World Champions in all of the form type categories, we have set an order of performance:

- If all the competitors are ATA students or WTTU students from Canada, the order of performance will be in reverse order of their point standings at the end of the tournament year (10th place will go first, etc., 1st place will go last).
- If the division includes members of the STF and/or the WTTU from outside of Canada, the order of performance will be by a random draw number to place the competitor for his/her competition. The number drawn will indicate the person’s spot in competition, and everyone else will move down in the order.

To determine the World Champions in the free-sparring category, we will use our current bye system:

- If all the competitors are ATA students or WTTU students from Canada, the byes will be awarded to the top point finishers at the end of the tournament year.
- If the division includes members of the STF and/or the WTTU, byes will be determined by a random draw.
- Previous World or State Champions in sparring will not have any bearing on the determining of byes for this event.

### **Age / Rank and World Championship Program Divisions**

It is very, very important to understand the following information. The proper division in which a competitor should compete is based on age and rank.

#### **Age**

The age for competition of the competitors will be determined by their birthday as of **midnight December 31st of the tournament season**. The age that they are at that time will indicate the division in which they should compete in throughout the entire tournament season.

**Example #1:** Billy’s birthday is September 10 at which time he will be 11 years old. He should compete in the 11, 12, & 13 year old division starting at the World Championships and continue throughout the entire tournament season (he will be 11 as of midnight December 31st).

**Example #2:** Susan’s birthday is February 14 when she will be 14 years old. She should compete in the 11, 12, & 13 year old division starting at the World Championships and continue throughout the entire tournament season (she will be 13 as of midnight December 31st).

**Example #3:** Dale is a 1st Degree Black Belt and his birthday is December 29 when he will be 17 years old. He should compete in the Men 17-29 1st Degree division starting at the World Championships and continue throughout the entire tournament season (he will be 17 as of midnight December 31st).

**Example #4:** Betty is a 4th Degree Black Belt and her birthday is January 3 when she will be 40 years old. She should compete in the Women 30-39 4th & 5th Degree division starting at the World Championships and continue throughout the entire tournament season (she will be 39 as of midnight December 31st).

## **Rank**

Rank changes can make a difference as to where a competitor's points will be applied. The following guidelines apply to rank changes during a tournament season:

- If a person changes rank during the tournament season and that rank change places them in a different division, that competitor can not gain any further points in the previous rank division.
- All subsequent points will be awarded to the new rank division.
- If a competitor is serious about trying for the title of World Champion, they should plan their rank changes accordingly.
- The one exception to points being carried over to another division after a rank change is if the competitor tests and competes at World Championships.

If a student knows that they are going to test during the current tournament season, they can compete in the higher rank division before they achieve that rank. It is permissible to enter what may be considered a more "difficult" division. It is not permissible to enter a lower rank or "easier" division.

**Example 1:** Mary (an adult) is a 1st degree and after consulting with her instructor, plans to test for 2nd degree in November. Mary can compete in the 2nd & 3rd degree division at the June World Championships. This would allow her to have all her points awarded in the same division throughout the year. If she competed in the 1st degree division at the June World Championships and changed ranks in November, all points she earned from June to November would be in the 1st degree division and all points she earned after November would be in the 2nd & 3rd degree division. This could have a major impact on her World Champion chances. The one exception to points being carried over to another division after a rank change is if the competitor tests and competes at World Championships.

**Example 2:** Alice is a 33 year old 3rd degree testing for 4th degree at the World Championships. Alice may compete in either the Women 30-39 2nd & 3rd degree division or the Women 30-39 4th & 5<sup>th</sup> degree division at the World Championships. If she does choose to compete in the 2nd & 3<sup>rd</sup> degree division, regardless of the outcome of her testing, her points will be awarded in the appropriate division. If she advances in rank, the points will be awarded in the 4th & 5<sup>th</sup> degree division. If she is unsuccessful, the points will be awarded in the 2nd & 3rd degree division. If Alice competes in the 4th & 5th degree division and is not successful with her testing, points cannot be awarded in the 2nd & 3rd degree division.

\*\*\* ***Special Note 13:*** Please consult page 16 and 60 concerning black belts competing in a higher rank division and the proper form they should do for competition.

It is possible to earn sufficient points to be in the World Champion rankings in two age/rank divisions, but a competitor can only compete for the title in one. *When the time to compete for the title of World Champion arrives, the competitor must compete in the higher rank division.*

## **Tournament of Champions - World Champion Program Finals**

At the end of the tournament season and after all the black belt results have been collected and the points tabulated, the World Champion rankings in every division for Forms, Weapons, Free-Sparring, ATA-Xtreme Forms, ATA-Xtreme Weapons, Creative Forms, Creative Weapons and Combat Weapons Sparring will be announced. All ten finishers will have the opportunity to compete for the title of World Champion in their division.

This competition is called “The Tournament of Champions” (TOC) and will take place at the World Championships after the tournament season ends (if the tournament season runs from the June 2008 World Championships through April 30, 2009, the competition will be at the June 2009 World Championships). Points toward the next year’s Top Ten are **not awarded** for results of this final competition.

After the Top Ten are announced, if one or more of the competitors are unable to compete in the final competition (for whatever reason), those empty slots will not be filled.

***Example:*** James earns the number ten position in the Men 17-29 2nd & 3rd degree division. Due to his work obligations, he cannot attend the World Championships and is unable to compete for the title of World Champion. Sam, who is the number eleven finisher, will not move up to the number ten position because of James’s inability to participate. Sam did not earn the number ten position. James will remain in the number ten position and receive the credit for such. Whomever James would have fought in the final competition will receive a bye.

## **Tournament of Champions Awards**

All competitors in the Top Ten will be able to participate in the “Parade of Champions” that takes place at the World Championships. Certificates and jacket pins are given to all the Top Ten finishers and medals are given to the Top Three finishers in Traditional Forms, Traditional Weapons, ATA-Xtreme Forms, ATA-Xtreme Weapons, Creative Forms, and Creative Weapons, as well as the Top Four finishers in Traditional Point Sparring and Combat Weapons Sparring.

There will be one gold medal winner, one silver medal winner, and one bronze medal winner in each division for Traditional Forms, Traditional Weapons, ATA-Xtreme Forms, ATA-Xtreme Weapons, Creative Forms, and Creative Weapons. There will be two bronze medal winners, one silver medal winner and one gold medal winner in each division for the Traditional Point Sparring and Combat Weapons Sparring competition.

The competitor who wins the Top Ten will gain the title of World Champion in his/her division and can wear a special lettered uniform making this distinction. This uniform is ordered through the student’s instructor from World Martial Arts and is done so at the student’s own expense.

# STATE CHAMPIONSHIP PROGRAM

## Introduction

Our tournament process has gone through many incarnations through the years with Grand Champions, National Champions, and World Champions. These programs have always been solely for black belts with the color belts watching and waiting for their chance to earn a title.

In 2001, at the Songahm Taekwondo World Championships, the ATA introduced the State Champion Tournament Program for color belts and black belts. Each existing division of the current World Champion Program will be used in the State Champion Program as well as for color belts (refer to divisions on pages 22-23).

## State Championship Eligibility Requirements

All color belts and black belts who are enrolled in an official Leadership Program with ATA International Headquarters are eligible to earn points towards the title of State Champion. These programs include the *Junior Trainee Instructor Program* for those under 13 years of age and the *Trainee Instructor, Certified Trainee Instructor, Specialty Certified Instructor, and Certified Instructor Programs* for those 13 years and older.

\*\*\* **Special Note 14:** The ability to start earning points towards the State Champion Program begins once the student has received his/her “welcome” letter from the ATA International Headquarters. It does not start once the student completes the paperwork within his/her school.

## State Champion Program Procedures

- Competition will be handled as usual per Songahm Taekwondo Tournament Rules.
- Divisions for junior and adult color belts and junior and adult black belts will be handled the same as they have been previously on all tournament levels.
- No changes to existing guidelines in separating or combining ages and ranks will be issued.
- Everyone who competes will be given the standard awards per the rules.
- Once the official results are received by the Tournament Department of ATA International Headquarters, those competitors who are enrolled in a Leadership Program will be researched and State Championship points will be awarded to them.
- No one at the Regional, National, or World tournaments will have to confirm a competitor’s enrollment in a Leadership Program. That is a duty that will be fulfilled by the Tournament Department.

## DIVISIONS for the STATE CHAMPIONSHIP PROGRAM

### Color Belt

Because color belts change rank frequently during a year, divisions cannot be based on rank. Divisions for color belts will be based on age and gender. Boys and girls will be separate from each other; men and women will be separate from each other.

The age breakdowns for Junior and Adult color belts will be the same as it is for the World Champion Program. (Please refer to pages 22-23).

Due to the structure of “Tiny Tiger” involvement at tournaments (they do not receive scores for any of the performances so awarding trophies for “places” is not done), they will not be eligible to earn points towards the title of State Champion.

The 7 & Under division is strictly for those that compete in the regular (non-Tiny Tiger) divisions.

### **Black Belt**

The black belt divisions will mirror the existing ones available in the World Champion Program (refer to pages 22-23 of these rules for a listing of the current divisions).

### **Competition Age**

The age used to determine the proper division in which points are awarded will be the age of the competitor as of midnight on December 31 during the tournament year, just like the World Champion Program. (Please refer to page 60 for examples.)

### **Awarding the Title of State Champion**

The title of “State Champion” is earned solely through the accumulation of points throughout the tournament season. The following guidelines apply:

- The same point structure for the awarding of points currently being used for the World Champion Program will be used for the State Champion Program (refer to pages 56 thru 59).
- There will not be a limit to how many regional, national, or world tournaments in which a member can compete in order to earn points.
- Points will be awarded separately for Traditional Form, Traditional One-Steps/Traditional Point Sparring, Traditional Weapons, ATA-Xtreme Forms, ATA-Xtreme Weapons, Creative Forms, Creative Weapons, and Combat Weapons Sparring (for the ages and ranks it is offered to). This means that there will be a State Champion for each area.
- The competitors with the highest point total at the end of the competition year will win the title of State Champion for their state and their age group (and rank group for black belts).
- There will not be any kind of final competition to determine a winner.
- In the case of a tie in point totals, all members tied will be declared the State Champion.
- Once the “Final Finals” are posted on the official ATA website at [www.ataonline.com](http://www.ataonline.com), the first place finishers will be able to purchase a special uniform indicating State Champion for his/her state and division through their Instructor.
- If a competitor moves from one state to another during the tournament season, his/her State Champ points move with the competitor.

### **\*\*\*SPECIAL NOTE: “PHANTOM COMPETITORS”**

**It has come to the attention of the Tournament Department at the ATA International Headquarters that members of the ATA have been “bowing in” to a ring in order to allow the ring to get “full points”. This practice is strictly prohibited. It not only does not follow the letter of the rules, but violates the spirit as well. Only competitors who have paid for, and fully intend to compete to the best of their abilities should be allowed to participate in a ring.**

# MISCELLANEOUS INFORMATION

## Opening Ceremony Agenda

The ATA Tournament Department has a proper agenda for the opening ceremonies of a regional tournament. It is very important to follow this agenda and not deviate from it without prior authorization from the ATA Tournament Department or Grandmaster Soon Ho Lee. Here is that agenda:

1. M.C. - Introduction of the Seniors (lowest to highest rank) and Guests  
Announce position, city/state, rank, and then name  
(if applicable, other achievements such as World Champion, etc. may be included)
2. M.C. - announces "Ladies and gentlemen, please face the flags"
3. Korean National Anthem (either via tape, CD, or singer)
4. American National Anthem (either via tape, CD, or singer)
5. Bow to flags
6. M.C. - announces "Seniors, face the Juniors"  
**(Please make sure Seniors have had the opportunity to face the juniors before the M.C. or leading student starts the Songahm Spirit of Taekwondo.)**
7. Bow to Seniors
8. Songahm Spirit of Taekwondo
9. Bow to Seniors
10. M.C. - announces "Everyone please be seated"
11. M.C. - welcomes host of tournament
12. If applicable, have special guests give speeches
13. If applicable, give out awards
14. Highest ranking senior recognizes previous and/or current world and state champions present
15. If applicable, announce sponsors
16. If applicable, begin demonstration
17. Regional Chief of Tournaments - swears in judges (see page 73)
18. Regional Chief of Tournaments - administers competitor's oath (see page 73)
19. Regional Chief of Tournaments - gives instructions and explains which divisions are in which rings
20. Regional Chief of Tournaments - asks senior rank for permission to start the competition
21. Dismissed

\*\* It is very important that the opening ceremonies for regional tournaments not exceed a 45 minute time frame (including demonstration). The demonstration should be held to 10 minutes or less.

At the conclusion of the tournament, there should be a bowing out ceremony. This would be conducted the same as the ending of a class including the reciting of the Songahm Spirit.

**NOTE: ALL BLACK BELTS MUST STAY UNTIL THE OFFICIAL BOW OUT**

## **Judges' Oath**

The judges' oath will be administered by the International Tournament Chairman, the National Tournament Director or the Regional Chief of Tournaments to all personnel who will be judging. Although the association holds respect for certified judges' integrity, the oath is a reminder of the great responsibility held by a judge who is seen by all others as representatives of the ATA. It is vital for judges to project a feeling of ATA unity and that all judges are interested in the growth and continued enjoyment of our martial art.

The administering official shall have all judges raise their right hands with the left hand in the support position, as he/she reads the oath:

**“Do you swear that your judging of the Taekwondo students here present shall be without prejudice of school, region or other variant, and that your judging will be to the best of your ability in keeping with American Taekwondo Association policy and standards for the best interests of all competitors here involved?”**

All judges shall answer:

**“I DO.”**

## **Competitors' Oath**

In an effort to maintain the proper mental attitude of the competitors present, the proper official shall administer the following oath to all competitors.

The administering official shall have all competitors stand and raise their right hands with the left hand in the support position, as he/she reads the oath:

**“Do you promise as a competitor in this ATA Regional Tournament, to compete in the spirit of Songahm Taekwondo, demonstrating safety, courtesy, and respect towards your fellow competitors, the judges, and the spectators? And will you always remember that “to compete is to win.”**

All competitors shall answer:

**“I DO.”**